



Caring and Sharing

A publication of the Child Care Resource & Referral Agency
East Central University — Ada, Oklahoma

Summer 2019 Edition

ECU SE Child Care

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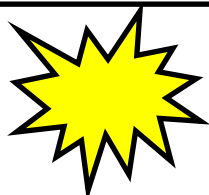
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ECU Child Care Resource and Referral



It's Summertime....

And along with it come hot temperatures. According to USA Today and the National Safety Council, an average of 38 children die as a result of being left in a hot car. 2018 was the most deadly year on record, with 52 deaths being reported in the US. Since 1998, over 800 children have died in hot cars. Children's temperatures rise much faster than adults and it only takes a few short minutes for hot temperatures to cause death. Flyers are available that reminds parents to "**Beat the Heat, Check the Backseat**" (retrieved NWS slogan, 2019). A couple of examples are at the back of this newsletter that you can print and post as a reminder to those transporting young children. Although the majority of deaths are caused by parents or caregivers leaving the child in the car, deaths also occur as a result of children playing in a car. From an early age children should be taught to never use a car as a play area. If a child is missing, *the car should be the first place to search*, especially the trunk. As a reminder, pets should also never be left in a car.

Sunny days are wonderful opportunities to take children outside. However, precautions should be taken before heading out to play. Sunburns can occur quickly and have lasting effects. The American Academy of Pediatrics suggests that babies under the age of 6 months should be kept out of direct sunlight. Shade trees, umbrellas or a stroller canopy will help, however, babies should also wear a hat that protects the neck, lightweight clothing and eye protection. When adequate shade is not available, a minimal amount of sunscreen with at least 15 SPF can be applied. It should be noted that it takes at least 30 minutes to be effective.

Like infants, young children are highly susceptible to the sun's UV rays. They should be kept in shaded areas, if possible, and sunscreen applied. It should be reapplied every two hours and after swimming or sweating. Clothing fabric that is lightweight and tightly woven, a hat to protect the neck, and eye protection will help reduce the risk of a burn. Between the hours of 10 a.m. and 4 p.m., the sun is most intense and limited exposure is suggested.

During the summer months we often hear of injury or death as a result of high heat. According to KidsHealth, our bodies are cooled by sweating or radiating heat through the skin. High humidity, hot weather and other conditions cause the body to fail, leading to dangerous conditions such as heat cramps, heat exhaustion or a life-threatening heat stroke. To avoid heat related problems, children should have limited exposure to heat, be well hydrated, given liquids that contain salts, such as sports drinks, and encouraged to rest often. Information on sunscreens and heat issues can be found on KidsHealth website at <https://kidshealth.org> and on the OK Shared Services website.

Contact Information for You

Center for Early Childhood Professional Development (CECPD)
1-888-446-7608 www.cecpd.org

Oklahoma Professional Development Registry
www.okregistry.org

Warmline — 1-888-574-5437
free telephone consultation for child care providers — covers behavioral and health related topics
<http://warmline.health.ok.gov/>

Scholars for Excellence in Child Care
Statewide — Brittany May
1-866-343-3881 or 405-225-9395 www.okhighered.org/scholars
Pathway to CDA — Gina McPherson
1-866-343-3881
www.okhighered.org/scholars

Child Care Services County Offices
Carter Co. (580) 490-3600 Murray Co. (580) 622-2186
Garvin Co. (405) 238-6461 Okfuskee Co. (918) 623-3100
Johnston Co. (580) 371-4000 Pontotoc Co. (580) 310-7050
Love Co. (580) 490-3600 Pottawatomie Co. (405) 878-4000

"Every child
IS A DIFFERENT KIND OF FLOWER,
AND ALTOGETHER MAKE THIS WORLD
a beautiful garden."
— ANONYMOUS —



Oklahoma Child Care
RESOURCE & REFERRAL ASSOCIATION, INC.



\$ 600 Stipend Available Starting July 2019

The *Oklahoma Registry Certificate of Achievement and Stipend Program* is now offering a new \$600 stipend to qualifying providers meeting eligibility requirements. In addition to the Oklahoma Right Start Infant/Toddler Certificate of Achievement stipend, the Department of Human Services (DHS) Child Care Services now offers an Oklahoma Registry Preschool Certificate of Achievement stipend and an Oklahoma Registry School-Age Certificate of Achievement stipend. Providers may receive more than one stipend, however, only one per year is allowed. The program is designed to recognize and reward the specialized professional development achievement of providers, to encourage teachers and directors to obtain additional focused formal professional development to improve the quality of care for children, and to increase positive outcomes experienced by children.

Eligibility requirements can be found on CECPD's website at www.cecpd.org.



Have you used Shared Services yet? We have and we **LOVE** it!!! The money we saved using three of the vendors allowed us to order more even items for our resource room and to use for our technical assistance with you.

Membership numbers are growing every day and we are hearing that child care providers are benefiting from the savings they get when ordering such things as food, supplies and classroom items. Teachers love the lesson plans available and providers are excited to be eligible for the insurance, including vision, and TeleMed programs. The articles for both providers and to give to parents are excellent. The newsletter sent out gives timely information for Shared Services members. Hiring, HR and payroll services are excellent resources for directors, as are the policy and procedure updates. These are just a few of the many benefits a membership offers.

OK Shared Services program was rolled out in January 2019 to give child care providers, in both centers and homes, increased access to a variety of services and opportunities while saving time and money. One free year of membership is granted to all Oklahoma providers. Membership fees for subsequent years are minimal and the savings being offered are great.

Our website is still in the process of getting a new facelift but is very close to being released. With it comes new features and functionality and even more tools and resources. OK Shared Services is funded in part by OKDHS Child Care Services, Potts Family Foundation, Tulsa Educare, the Ottawa Tribe of Oklahoma and the Shawnee Tribe. If you haven't had the opportunity to check out this amazing program, you may do so at www.oksharedservices.org.

Information provided by Oklahoma Child Care Resource & Referral Association, Inc.

Books are more than just words....



Children love to read and books open their eyes to a whole new world. Georgiana Sullivan, Child Care Consultant, recently launched a new reading program which demonstrates how teachers can, not only read a book, but can expand on it into other teaching opportunities. Using her background in Library Science, Georgiana selected three age-appropriate books to develop this new program. Based on the age of the children, she trains teachers how the books can be read then expanded into other projects related to the book by including STEM activities, creative skills and large and fine motor skills.

Three classrooms were selected to receive the three-week training. Included in the activities were art projects, designing and building houses out of popsicle sticks, graphing activities and nature projects. Teachers receiving the training reported that the children were excited to see what activities could be tied to the books each week and the teachers looked forward to learning the new and innovative ways books can be expanded into new ways of teaching.

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The Oklahoma Right Start Program

The first session of the Oklahoma Right Start Program is well underway. The ten teachers, from five centers, that are working with Lindsay Christian, Infant/Toddler Specialist, report that the program is going well and is providing more than they hoped for when they applied to participate. Addressing topics, such as lesson planning, social-emotional development, early literacy and language development, Lindsay has provided the teachers with a wealth of information, activities and resources.

The eighteen weeks since the program kicked off, have been filled with preparation, observation, coaching and mentoring. As this session begins to wind down, Lindsay encourages directors to submit an application for sessions beginning soon. Stipends for both the teachers and facilities will be given upon completion of the program.

If you are interested in participating, or have questions, please contact Lindsay at Ichritian@ecok.edu or call her at 580-559-5327.



**On-Site Assistance Available for Your
Family Child Care Home or Child Care Center Classroom**

Please call 580-559-5768 or email us for the following services:
Georgiana Sullivan geolsul@ecok.edu

On-site Assistance includes:

- ◆ Observation and suggestions for new teachers or those needing new ideas or lesson plans.
- ◆ Room arrangement, transitions, equipment inventory, and behavior and guidance.
- ◆ Understanding of basic child development and building relationships with families.
- ◆ Information on how to get started with Reaching for Stars Quality Improvement program.
- ◆ Assisting Directors/Owners with professional development plans, contracts, handbooks, signing up on the Registry (okregistry.org) and registering for membership with OK Shared Services.

We also offer help over the phone and by email. Give us a call or send us an email.



Bethany Walling, Administrative Specialist, has taken on the responsibility of maintaining our website. Badly in need of updating, she has started to implement new ideas and formatting, making it more accessible and user friendly. She has also begun to amplify our social media presence by updating our Facebook page. We have begun using our Facebook, as well as email, more frequently to communicate with providers and others who are following us on social media. Be sure to like us and follow us on Facebook. You can find us under **ECU Child Care Resource and Referral**



She did it! Congratulations to Georgiana Sullivan, our own Child Care Consultant, for graduating from the CECPD Leadership Academy I—Class XXXVI (36). Georgiana states she received a lot of wonderful training and ideas and has already begun to put them to good use. She recommends that all Directors check out the Academy. Applications are being accepted now.



Week of the Young Child.

The Southcentral Child Care Resource and Referral Agency celebrated the Week of the Young Child April 7-13, 2019. Dr. Guy Sewell, Ada City Councilman, presented the proclamation at a ceremony held in the CCRR offices located on the East Central University campus. The proclamation stressed the importance of high-quality early childhood education, parental involvement in that education and the need for children to have developmentally appropriate, accessible and available early care and educational settings.



Do you have staff interested in taking college classes?

Check out the Scholars for Excellence in Child Care Program

What Is the Scholars Program?

The Scholars Program awards scholarships to eligible child care professionals to complete coursework in the area of child development or early childhood education, as well as the Child Development Associate (CDA) and Certified Childcare Professional (CCP) Credential Assessment. These scholarships enable child care providers in Oklahoma to improve their skills through education, receive an educational stipend, and continue the availability of quality child care in local communities.

Mission Statement

The Scholars for Excellence in Child Care Program ensures that eligible child care professionals in the state of Oklahoma have an opportunity to attend a technology center or community college to further their education while earning a Child Development Associate (CDA) Credential, Certificate of Mastery, Director's Certificate of Completion, and/or an associate degree in child development or early childhood education.

Seminole State College — Child Development Courses

For Information on Classes at SSC contact Brittany May, Scholar Coordinator at 866-343-3881 or 405-225-9395

Murray State College—Child Development Courses

Contact: Amy McCain, at 580-387-7411 amccain@mscok.edu or Heather McLean, at 580-387-7412 hmclean@mscok.edu or Brittany May, Scholar Coordinator at 866-343-3881 or 405-225-9395



Are you interested in getting a bachelors degree related to Early Childhood?

For information on our Family & Consumer Sciences (Early Care) program at East Central University, please visit www.ecok.edu/FCS or contact Ms. Jan Long at jmlong@ecok.edu or Ms. Darcy Tessman at dtessman@ecok.edu. You can also call them at 580-559-5743.

UPCOMING TRAINING OPPORTUNITIES

Pre-register for all training at www.okregistry.org

CECPD Professional Development Innovations Project

(All Formal Training)

Trainer: Juanita Hall Cost: Free

Friendship Day (August 4)

[Building Positive Relationships in the School-Age Classroom \(3 hours\)](#)

Tuesday, August 27, 2019 6 pm to 9 pm

Childhood Obesity Month (September)

[Let's Get Physical: Movement and the Young Child \(3 hrs\)](#)

Tuesday, September 24, 2019 6 pm to 9 pm

National Bullying Prevention Month (October)

[Recognizing and Responding to Bullying \(2 hrs\)](#)

Tuesday, October 29, 2019 6 pm to 8 pm

National Homeless Youth Awareness Month (November)

[Homelessness and Young Children: Dealing with Trauma \(hrs TBA\)](#)

Thursday, November 21, 2019 6 pm to TBA

Universal Human Rights Month (December)

[Guidance Matters: Challenging Behaviors and the Role of the Preschool Teacher \(hrs TBA\)](#)

Tuesday, December 3, 2019 6 pm to TBA

Poverty in America Awareness Month (January)

[Homelessness and Young Children: Education and Services \(hrs TBA\)](#)

Tuesday, January 28, 2020 6 pm to TBA

International Boost Self-Esteem Month (February)

[Encouraging Peer Interactions in Preschool \(hrs TBA\)](#)

Tuesday, February 25, 2020 6 pm to TBA

National Nutrition Month (March)

[Cornerstones of Quality: Safety, Health, and Nutrition \(hrs TBA\)](#)

Tuesday, March 31, 2020 6 pm to TBA

Math Awareness Month (April)

[Math in the Preschool World \(coming soon\) \(hrs TBA\)](#)

Tuesday, April 28, 2020 6 pm to TBA

Mental Health/Early Intervention Month (May)

[Creating a Positive Social Emotional Climate in Infant/Toddler Care Settings \(hrs TBA\)](#)

Tuesday, May 19, 2020 6 pm to TBA

National Safety Month (June)

[Child Care Emergency Preparedness \(hrs TBA\)](#)

Tuesday, June 16, 2020 6 pm to TBA

ELG Training

[Oklahoma Early Learning Guidelines for Infants, Toddlers and Two's](#)

(Event ID: TBA)

Saturdays, September 7 and 14, 2019 9 am to 4 pm

Must attend both Saturdays to receive credit.

Location: SC Child Care Resource and Referral Agency (located on the East Central University campus, Ada OK)

Trainer: Juanita Hall

Cost: \$20 per person, 14 Hours FORMAL Training

This course counts toward the STARS requirement for Early Learning Guidelines (ELG). See CECPD website for full description.

WE HAVE ADDITIONAL ELG TRAININGS SCHEDULED on November 9 & 16, 2019, February 22 & 29, 2020 and June 20 & 27, 2020. Watch the Registry for details.

Safe Sleep Training

[Online Courses: Safe Sleep Environments for Child Care Providers](#)

(Event ID: 248479) Register by July 11, 2019

(Event ID: 248480) Register by August 22, 2019

(Event ID: 248481) Register by September 12, 2019

Must pre-register at <https://ccs-ok-safesleep051619.eventbrite.com>.

Link may be found at www.okregistry.org

Trainer: Tammy Maus Cost: \$15 per person 2 Hours FORMAL Training

This training meets the Oklahoma Child Care Services-Licensing requirement for safe sleep training. See CECPD website for full description.

Other Formal Training

[Use Your Teeth, But Only When You Eat](#) (Event ID:249561)

Saturday, July 20, 2019 9:00 am to noon Location: SC Child Care Resource and Referral Agency (located on the East Central University campus, Ada OK)

Trainer: Candice Jackson Cost: Free 2 Hours FORMAL Training

[Use Your Teeth, But Only When You Eat](#) (Event ID:248622)

Tuesday, July 23, 2019 6:30 pm to 8:30 pm Location: Madill OK

Trainer: Candice Jackson Cost: Free 2 Hours FORMAL Training

(See CECPD Registry for details.)

Self-Paced Web Based Training courses may be found at www.okregistry.org

Informal training may be obtained through webinars.
www.earlychildhoodwebinars.com

Care Courses has online courses that meet Oklahoma's training requirements.
www.carecourses.com

We have added more themes to our growing list of bulletin board kits available. A few of our new and seasonal offerings are shown below. Don't see what you need? Just tell us what theme you would like and we can do the rest. All you have to do is hang them on your board. No cost is involved.

Need something laminated? The cost for this service is \$.50 per foot. Our laminating film is high quality and ensures your items are well protected.

We have over 200 die cut patterns available and plan to order more to add to the inventory soon. We will cut them and mail or hand deliver to you free of charge. Tell us what you need, how many you want, and what colors and we will get them to you.

Call us at 580-559-

5768 to place an order or email





**BEAT THE
HEAT**

Baby on Board

CHECK THE BACKSEAT

**UNION
HEALTH**

Foundation

Union Health Trauma Services
Community Outreach Program