

*East Central University  
Department of Nursing*

*Guide for The Nursing Student*



*Revised February, 2010*

This institution, in compliance with Title VI of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendment Act of 1972, Section 504 of the Rehabilitation Act of 1973, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, sex, age, religion, handicap, or status as a veteran, in any of its policies, practices, procedures. This includes, but is not limited to, admissions, employment, financial aid, and educational services.

This brochure was printed and issued by East Central University as authorized by House Bill 1714. 100 copies were printed. The total cost of the publication was \$44.00.

# ***East Central University - Department of Nursing***

## **Mission Statement - East Central University**

**East Central University's mission is to foster a learning environment in which students, faculty, staff, and community interact to educate students for life in a rapidly changing and culturally diverse society. Within its service area, East Central University provides leadership for economic development and cultural enhancement.**

## **The Nursing Profession**



**The rapidly evolving health care system will increase the demand for well educated professional nurses, especially for those in areas of advanced practice such as nurse practitioners and nurse anesthetists. The baccalaureate degree in nursing is an entry requirement for these and other exciting careers. It is the essential degree for the student who wishes to become a professional nurse.**

## **The Nursing Program**

**The Department of Nursing prepares professional nurses to meet the needs of today's health care system and society. The ECU baccalaureate nursing program offers many advantages to students, including but not limited to:**

**personal attention of the smaller university community;**

**participation in university life with students from other disciplines;**

**diverse educational experiences for the development of nursing knowledge, skills and clinical practice;**

**preparation to function as a professional nurse in a variety of settings, including a focus on rural nursing;**

**preparation to enter graduate nursing education programs such as nurse anesthetist or nurse practitioner;**

**100% job placement and reputation for excellence in nursing education.**

## Using the ECU Transfer Matrix

Students may check to see if courses they have taken will equate to ECU courses by accessing the “Transfer Matrix” on the ECU Web Page. Please follow the directions below to use this service:

- a. Go to the Home ECU web page, [www.ecok.edu](http://www.ecok.edu)
- b. Click on “**Future Students**” on the top orange bar
- c. Click on “**I’m transferring from another University or College**”
- d. Click on “**Transfer Matrix**” on the left side of the page
- e. Click on “**ECU Transfer Matrix**” in the middle of the page
- f. The first page will give you all the colleges that have equated courses with ECU. Scroll down through the colleges listed until you find the one where you want to check on a course (e.g. **Murray State College**) - Highlight it then click

Next


- g. The second page will give you all the courses from that college. Find the course you want to check on (e.g. **CIS 1113 Compu Concepts**) - Highlight it then click

Next

- h. The third page will tell you if the course is equated to an ECU course and which course it is equated to (e.g. CIS 1113 Compu Concepts is equated to the ECU course **CMPSC 1513** [Computer Literacy]). Because the matrix does not tell you the *name* of the ECU course, you may have to look it up on the General Education Sheet or the ECU Catalog.
- i. If it does not give you a course number, or just a 0000, it means that that particular course has never been equated to an ECU course. A **course substitution** needs to be done, although there is **no guarantee** that you will be allowed to substitute it for the ECU course. Check with your advisor on how to fill out a Course Substitution Form.

## Procedure for Admission to the Nursing Program

### Requirements for Admission to the Nursing Program

1. The student obtains an application for admission to the Nursing Program from the office administrator of the Department of Nursing or by downloading the Application and Instruction from the [www.ecok.edu](http://www.ecok.edu) web page (please call the Department of Nursing for dates and deadlines for nursing program applications). Courses with clinical rotations begin in the spring semester. Students may apply to only ONE campus, the Ada Campus, the Durant campus or the Ardmore campus.
- 
2. Submission of the following documents:
    - a. OFFICIAL transcripts of ALL college work;
    - b. completed application form;
    - c. proof of retention and program GPA of 2.5 or higher on a 4.0 scale;
    - d. statement of eligibility to write NCLEX-RN (Licensing Exam) at the time of graduation from the nursing program;
    - e. signed statement indicating the student has read and is able to meet all requirements of the student position description (included with application)
    - f. proof that the student has or will complete a college level Human Anatomy or A&P I before the spring semester
  3. The student submits proof of completion, at the time of submission of the application, of at least 24 hours of the following "support courses" with a grade "C" or higher:
    - a. English Composition I (3 hrs)
    - b. English Composition II (3 hrs)
    - c. General Chemistry (4 hrs)
    - d. 12 hours of biology with lab, including eight hours of Anatomy and Physiology (Anatomy is a prerequisite to Physical Assessment)

- e. Microbiology or Epidemiology (4-5 hrs)
  - f. Nutrition (3 hrs)
  - g. General Psychology (3 hrs)
  - h. Developmental psychology (infant and child) (3 hrs)
  - i. Math (Survey of Math or College Algebra) (3 hrs)
  - j. Computer Literacy (ECU) - (3 hrs)
  - k. Introduction to Professional Nursing (2 hrs) (May be taken with Nursing Process)
  - l. Basic statistics course (3 hrs) (May be taken fall semester Jr year)
4. After the student receives notification of acceptance into the program, he/she must:
- a. Obtain malpractice Insurance from the Nursing Department prior to enrollment into N2104 Nursing Process. It is non-refundable after purchase.
  - b. Submit proof of immunizations or immune status.
  - c. Submit CPR card for Healthcare Provider CPR for the current year.

Please note that space in all nursing courses is limited due to restrictions by clinical facilities. Fulfillment of the criteria listed above does not guarantee admission to the nursing program. All classes listed above (except for Statistics) must be completed prior to the fall semester of the Junior year.

#### **Requirements for Enrolling in Child-Adult Nursing I**

- 1. Grade of "C" or higher in N1142 Introduction to Professional Nursing;
- 2. Grade of "C" or higher in N2104 Nursing Process;
- 3. Grade of "C" or higher in N2223 Physical Assessment;
- 4. Grade of "C" or higher in ALL support courses and a minimum program GPA of 2.0 or higher on a 4.0 scale;
- 5. Concurrent enrollment in/or prior completion of N3192 Pharmacology I.
- 6. Mal-practice insurance and current up-to-date immunizations.
- 7. A clear "Criminal Background and Sex Offenders" search with finger prints.

## **Criminal Background Searches**

**Criminal background and sex offenders registry searches with fingerprinting will be required of all sophomore nursing students during the first part of the spring semester and again during the senior year prior to graduation. If you have any arrests or convictions, please see your ECU nursing advisor prior to submission of your application. (See policy on “Criminal Back Ground and Sex Offenders Searches” in the *Nursing Student Handbook*).**

## **Clinical Experiences**

**East Central University nursing students have access to modern, up-to-date hospitals and other clinical facilities throughout Oklahoma and North Texas. Both rural and urban sites are used for clinical rotations. Students receive clinical experience in medical/surgical areas, pediatrics, obstetrics, psychiatric mental health nursing, critical care, community health and nursing leadership. Senior nursing students participate in a one-to-one experience with a qualified preceptor for a portion of their last semester.**

## **Graduation Requirements**

**The Oklahoma Board of Regents requirements for graduation from any state supported 4 year college or university include:**

- a. a minimum total of one hundred twenty four (124) credit hours**
- b. a minimum of thirty (30) credit hours from East Central University (Residency requirement)**
- c. a minimum of 60 credit hours from an accredited four-year senior institution**
- d. a minimum of 40 upper division credit hours (3000 and/or 4000 level courses) in any subject matter**
- e. a minimum of 15 of the last 30 credit hours from ECU or have at least 50% of the credit hours required by the institution in the Nursing Major completed from ECU**

### Credit Hours to Clock Hour Ratios

The following credit hour to clock hour ratios are used at East Central University:

- a. Didactic (lecture) classes are calculated on a 1:1 ratio where one credit hour equals 16 - 50 minute class periods (total = 800 min or 13.3 clock hrs) per semester.
- b. Both on-campus nursing laboratory sessions off campus clinical rotations/labs are calculated on a 1:4 ratio where one credit hour equals 16 - 240 minute sessions (total = 3840 min or 64 clock hrs) per semester.

During the five semesters in the nursing program, student will have over 800 clock hours of lab and clinical experience, including a 180 hour preceptorship during the last semester of their senior year.

Please consult the ECU catalog for specific general education requirements.

### Financial Aid and Nursing Scholarships

For general financial aid information please contact the Financial Aid Office, at 580-559-5243. Nursing scholarships and awards may be available after a student has advanced to the level of sophomore nursing student and joins the nursing student organization. The nursing department makes every effort to make the student aware of opportunities for scholarships. Information is posted on classroom bulletin boards and announced in class. Students may apply for these scholarships and awards during the sophomore, junior and senior years. Other scholarships may be available from hospitals and other health care institutions or organizations.

### Non-Discrimination Policy

East Central University, in compliance with Title VI of the Civil Rights Act of 1964 and Title IX of the Education Amendments of 1972, does not discriminate on the basis of race, color, national or ethnic origin, or sex, in any of its policies, practice or procedures. (source of above policy East Central University School Catalog).

### Accreditation

The East Central University Department of Nursing is approved by the Oklahoma Board of Nursing and a full member of and is accredited by the National League for Nursing Accrediting Commission, Inc., 3343 Peachtree Road NE Atlanta, GA Phone (404) 975-5000.



## General Information

- 1. Current tuition rates may be obtained from the current ECU Course Schedule which can be obtained from the Registry Office or from the ECU website.**
- 2. Class schedules:**  
**Nursing students follow the class schedule as presented in the ECU course schedule list. Most classes are during the day and clinical rotations are one or two days per week from early morning until late afternoon. Evening clinical rotations or on campus labs may be required in some courses, but students generally have a choice in the time and day of clinical rotations as space allows. Travel is required for some clinical rotations.**
- 3. Course Equivalency:**  
**Nursing students may be permitted to receive credit for nursing courses taken at other schools through the Course Equivalency Process outlined in the faculty handbook. A copy of the procedure is available upon request. They must meet the “Currency of Knowledge and Skills” requirements for admission to the program.**

## General Education Requirements

To graduate from East Central University with a Bachelor of Science degree with a major in Nursing, students must fulfill the general education requirements. The requirements can be found in the current East Central University Catalog.

### BS Degree with a Major in Nursing - 0340

Support Courses for the Major .....	Credit Hours
ENG 1113 Freshman Composition I .....	3
ENG 1213 Freshman Composition II .....	3
CHEM 1114 General Chemistry I.....	4
A minimum of twelve (12) hours of biology with lab which must include eight hours of anatomy and physiology as approved by the department of nursing. Students meeting this requirement on the East Central University campus will take:	
BIOL 1314 General Zoology * .....	4
*General Zoology is Prerequisite to BIOL 2184 & BIOL 3634	
BIOL 2184 Human Anatomy.....	4
BIOL 3634 Human Physiology.....	4
In addition to the twelve (12) hours of biology, one of the following must be taken:	
BIOL 2345 General Microbiology .....	5
EHS 3114 Epidemiology.....	4
And all of the following	
FCS 1513 Nutrition .....	3
PSYCH 1113 General Psychology.....	3
Developmental psychology incl. infant & child (Prereq: PSYCH 1113) .....	3
CMPSC 1513 Computer Literacy .....	3
Introductory statistics course .....	3
One of the following:	
MATH 1413 Survey of Mathematics .....	3
MATH 1513 College Algebra .....	3

And the following:

NRSG 1142 Introduction to Professional Nursing..... 2

\*This course may be taken at any time prior to the Junior year

Nursing major courses (all of the following):

NRSG 2223 Physical Assessment ..... 3

NRSG 2104 Nursing Process ..... 5

NRSG 3118 Child-Adult Nursing I ..... 8

NRSG 3192 Pharmacology I ..... 2

NRSG 3218 Child-Adult Nursing II ..... 8

NRSG 3392 Pharmacology II ..... 2

NRSG 3883 Nursing Research ..... 3

NRSG 4165 Nursing-Childbearing Family ..... 5

NRSG 4214 Psychiatric Mental Health Nursing ..... 4

NRSG 4374 Adaptation in Aging ..... 4

NRSG 4516 Comprehensive Clinical Nursing..... 6

NRSG 4942 Utilization of the Nursing Process..... 2

NRSG 4186 Nursing-Community Health and the Supervisory Process ..... 6

**Recommended Course Schedule for the Nursing Program by Semester and Year**

<b>Year</b>	<b>Fall Semester</b>	<b>Spring Semester</b>
<b>Freshman</b>	BIOL 1314 General Zoology (4) ENG 1113 Freshman Composition I (3) PSYCH 1113 General Psychology (3) Math 1413 Survey of Mathematics <u>or higher</u> (3) General Education/Electives	ENG 1213 Freshman Composition II (3) CHEM 1114 General Chemistry (4) Developmental Psychology (3) CMPSC 1513 Computer Literacy (3) General Education/Electives
<b>Sophomore</b>	BIOL 2184 Human Anatomy (4) EHS 3114 Epidemiology <u>or</u> BIOL 2345 General Microbiology (4-5) Introductory Statistics course (3) NRSB 1142 Introduction to Professional Nursing (May also be taken in Spring semester) General Education/Electives	BIOL 3634 Human Physiology (4) NRSB 2104 Nursing Process (5)* FCS 1513 Nutrition (3) NRSB 2223 Physical Assessment (3) General Education/Electives
<b>Junior</b>	NRSB 3118 Child-Adult Nursing I (8) NRSB 3192 Pharmacology I (2) General Education/Electives	NRSB 3218 Child-Adult Nursing II (8) NRSB 3392 Pharmacology II (2) NRSB 3883 Nursing Research (3) General Education/Electives
<b>Senior</b>	NRSB 4214 Psychiatric Mental Health Nursing (4) NRSB 4374 Adaptation In Aging (4) NRSB 4165 The Childbearing Family (5)	NRSB 4186 Community Health & the Supervisory Process (6) NRSB 4515 Comprehensive Clinical Nursing (5) NRSB 4942 Utilization of the Nursing Process (2)

**Note:** Please consult the current ECU catalog for prerequisite requirements. If you wish to contact the Department of Nursing for academic advisement, please contact the office administrator for an appointment with the appropriate nursing faculty advisor. Faculty advisors are assigned according to your last name. Students are responsible for meeting all the requirements for graduation. Taking just the courses listed above will provide the student with only 123 of the 124 required hours for graduation. An additional 1 or more credit hour course must be taken.

\* Official admission to the program required for enrollment. (Revised 8/2005)

**CRITERIA FOR ADMISSION TO THE ECU NURSING PROGRAM**

Student Name: \_\_\_\_\_

Documented completion of **24 hours** of support courses     Yes    No (if NO do not complete form)

Application completed as specified:                                     Yes    No

A.     Points based on retention GPA: (If below 2.50, do not complete rest of form)

- 2.5 - 2.74 = 3 point
- 2.75 - 2.99 = 6 points
- 3.00 - 3.24 = 9 points                      Retention GPA \_\_\_\_\_ Points: \_\_\_\_\_
- 3.25 - 3.49 = 12 points
- 3.50 & > = 15 points

B.     Points based on program GPA: (If below 2.50, do not complete rest of form)

- 2.5 - 2.74 = 3 point
- 2.75 - 2.99 = 6 points
- 3.00 - 3.24 = 9 points                      Program GPA \_\_\_\_\_ Points: \_\_\_\_\_
- 3.25 - 3.49 = 12 points
- 3.50 & > = 15 points

C.     Grades in sciences and math

Zoology/Biology*	_____	.....	A = 3
Chemistry	_____	.....	B = 2
Anatomy	_____	.....	C = 1
Physiology	_____		
Micro/Epi	_____		
Math	_____		
		Total Points for Courses	_____

D.     Has another degree (BS or above) (3 points)                      \_\_\_\_\_

**TOTAL POINTS** \_\_\_\_\_

Additional Information:    ACT Score: \_\_\_\_\_

Credit hours at ECU: \_\_\_\_\_ At other college(s) \_\_\_\_\_

\*General Biology accepted in place of General Zoology **ONLY** if student has completed Human Anatomy, Microbiology and/or Epidemiology

Application Review by: \_\_\_\_\_  
(Nursing Faculty Name)

**Didactic to Laboratory/Clinical Credit Hour Allocation for Nursing Courses**

<b>Course Number/Title</b>	<b>Total Credit Hours</b>	<b>Didactic Class-room Credit Hours</b>	<b>Laboratory/ Clinical Credit Hours</b>	<b>Clinical Clock hours per week</b>	<b>Total clinical clock hours per semester</b>
N1142 Intro. to Prof. Nursing	2	2	0	0	0
N2104 Nursing Process	4	3.3	.67	2.68	43
N2223 Physical Assessment	3	2.3	.67	2.68	43
N3192 Pharmacology I	2	2	0	0	0
N3218 Child-Adult Nrsg I	8	6	2	8	128
N3883 Nursing Research	3	3	0	0	0
N3218 Child-Adult Nrsg II	8	6	2	8	128
N3392 Pharmacology II	2	2	0	0	0
N4165 Nursing Childbearing Family	5	4	1	4	64
N4214 Psychiatric Mental Health Nrsg	4	3	1	4	64
N4374 Adaptation in Aging	4	3.25	.75	3	48
N4186 Comm. Health/Supv. Process	6	4	2	8	128
N4515 Comprehensive Clinical Nrsg	5	2	3	12	192
N 4942 Utilization of the Nrsg Process	2	2	0	0	0
<b>Totals</b>	<b>58</b>	<b>44.85</b>	<b>13.09</b>	<b>52.36</b>	<b>838</b>

## *Scope of Practice for RNs*

The practice of nursing is defined in the Oklahoma Nurse Practice Act (ONPA) as “the performance of services provided for purposes of nursing diagnosis and treatment of human responses to actual or potential health problems consistent with education preparation. Knowledge and skill are the basis for assessment, analysis, planning, intervention, and evaluation used in the promotion and maintenance of health and nursing management of illness, injury, infirmity, restoration or optimal function, or death with dignity. Practice is based on understanding the human condition across the human lifespan and understanding the relationship of the individual within the environment. This practice includes execution of the medical regime including the administration of medications and treatments prescribed by any person authorized by state law to so prescribe.”

Registered nurses are prepared in nursing education programs offered in colleges and universities. Registered nurses have completed general education courses in social and behavioral sciences, biological and physical sciences, and the humanities. In addition, registered nurses have successfully completed nursing courses that prepare them for *the full scope of nursing practice*, including the following roles:

- Assessing the health status of individuals, families, and groups
- Analyzing assessment data to determine nursing care needs
- Establishing goals to meet identified health care needs
- Planning a strategy of care
- Establishing priorities of nursing intervention to implement the strategy of care
- Implementing the strategy of care
- Delegating such tasks as may safely be performed by others, consistent with educational preparation and that do not conflict with the provisions of the Oklahoma Nursing Practice Act
- Providing safe and effective nursing care rendered directly or indirectly
- Evaluating responses to interventions
- Teaching the principles and practice of nursing
- Managing and supervising the practice of nursing
- Collaborating with other health professionals in the management of health care
- Performing additional nursing functions in accordance with knowledge and skills acquired beyond basic nursing preparation, and
- Delegating those nursing tasks as defined by the rules of the Board that may be performed by an advanced unlicensed assistive person

(From: Oklahoma Board of Nursing, Rules and Regulations 2003 , p 2)

**Note: The Oklahoma Board of Nursing will NOT license individuals who are unable to meet ALL of the above listed requirements, therefore they can not be admitted to the nursing program.** Specific physical qualifications are listed below:

**East Central University-Department of Nursing  
Position Description**

**POSITION TITLE:** Nursing Student

**REPORTS TO:** East Central University Nursing Faculty

**DATE:** June 1, 1993

**POSITION SUMMARY:** Under the guidance and supervision of the clinical instructor, preceptor, or registered nurse employed by the facility, the student nurse implements the nursing process for patients, families and/or groups of clients. She/he assesses temperature, pulse, blood pressure, and other vital signs to detect variances from normal and assesses status of patient. Observes patient, records responses to medication and treatments, reactions and significant occurrences. Administers prescribed medications and treatments in accordance with standards of practice, standards of care, and policies and procedures. Identifies the need for and carries out health teaching, assesses health/illness practices and the influence of the environment on health status. Provides nursing care in various clinical services such as medical, pre and post surgical, pediatrics, obstetrics, intensive care, emergency, rehabilitation, outpatient and admitting, surgery and post-anesthesia, mental health and community settings as assigned.

**QUALIFICATIONS AND REQUIREMENTS:**

**Certifications:** Meets or exceeds academic standards outlined in the current East Central University catalog, and Healthcare Provider CPR and required immunizations.

**Qualifications and Skills:** Requires demonstrated: good human relations/communication skills, to establish rapport with patients, faculty, and health care personnel application of nursing process; critical thinking/judgement making skills. Maintain current skill in basic life support. Adherence to high standards of professional and ethical conduct.

**Physical:** Medium work classification.

**Motor Skills:** Must be able to safely manipulate equipment to carry out: Intravenous monitoring, medication administration, catheterization and treatment sets, oxygen, Code Blue and vital sign monitoring equipment. Drainage tubes, skeletal traction, hospital furniture, communication and transportation, diagnostic equipment, fire and safety equipment, general patient and hospital equipment.

**Working Conditions:** Clean, well-lighted, climate controlled acute care facilities and/or clinics, schools, community centers, private homes in varying states of cleanliness, repair and accessibility. Potential for exposure to: communicable disease, odors, body fluids; electrical and radiation hazards and sharp objects; minimized by implementation of standard safety practice and use of protective equipment. Potential for verbal and physical abuse.

**ESSENTIAL JOB FUNCTIONS WITH APPROPRIATE SUPERVISION.**

**JOB STANDARDS**

1)

Assess, plans and implements the nursing process and when assigned directs others in the implementation of the plan of care in accordance with the Oklahoma Nursing Act and ANA Code for Nurses.

Performs and documents patient, family, and or community assessments with consideration of biophysical, psychosocial, environmental, self care, educational and discharge planning factors.

PR: 3,6,9,10,11,12,13,14,15,16,17,18,19,20.

**MEASUREMENT METHOD:** Documentation, observation reported variances.

2)

Coordinates and provides care for a patient or a group of assigned patients in a safe, effective manner.

Daily plans, coordinates, delegates and provides care based on standards of practice and standards of patient care that reflect the stated diagnosis, patient care needs, problems or knowledge deficits based upon the patient assessment.

PR:3,6,9,10,11,12,13,14,15,16,17,18,19,20.

**MEASUREMENT METHOD:** Documentation, observation, reported variances.

3)

Collaborates with other members of the health care team to assist in the plan of care.

Communicates with health care team in a neat, legible, organized and accurate manner. The interventions implemented are relevant to the patient's identified care needs or knowledge deficits.

PR:3,14,15,16,18,

**MEASUREMENT METHOD:** Documentation in patient records, observation, reported variances.

4)

Evaluates patient care given by self and team members working with and under supervision.

Documents outcomes of nursing interventions including patient's responses to nursing interventions.

PR: 3,14,15,16,18

**MEASUREMENT METHOD:** Documentation, observation, reported variances.

5)  
Evaluates patient's and/or family's knowledge of disease process and intervenes and educates patients and significant others as appropriate.

PR: 3,14,15,16,18

Evaluates effectiveness of teaching plan by documenting methods and patient and significant other's understanding of teaching plan. Also evaluates the understanding of teaching as demonstrated by patient and significant other.

**MEASUREMENT METHOD:** Documentation, observation, reported variances.

6)  
Prepares patient for discharge

PR: 3,6,9,10,11,12,13,14,15,16,17,18,19,20

Ensures continuing care needs are assessed and referrals for such care are documented in the medical record.

7)  
Cares for patients and/or families in community settings.

PR: 3,14,15,16,18

Documents assessment of client/environment interaction, implements appropriate interventions under supervision.

8)  
Continues professional growth and development through attendance and active participation in classroom activities, professional affiliations, inservice, seminars, workshops, conferences and continuing education.

PR: 3,14,15,16,18

Attends all classes regularly and is prepared for clinical assignments. Maintains CPR certification and immunization status. Keeps current on infection control, safety and hazardous substances. **MEASUREMENT METHOD:** Documentation.

9)  
Performs other student nursing duties as directed.

Participates in departmental committees or activities; presents inservice, programs or performs other assignments.

**MEASUREMENT METHOD:** Documentation

## DIRECTORY OF PHYSICAL REQUIREMENTS

- PR1: Lifting, pushing, pulling, carrying or otherwise moving 10 pounds maximum and occasionally lifting and/or carrying such articles as files, ledgers, and small tools. Although a sedentary job is defined as one which involves sitting, a certain amount of walking, standing and/or mobility is often necessary in carrying out job duties. SEDENTARY WORK CLASS**
- PR2: Lifting, pushing, pulling, carrying or otherwise moving 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may be only a negligible amount, a job is in this category when it requires walking, standing and/or mobility to a significant degree of pushing and pulling of arm and/or leg controls. LIGHT WORK CLASS**
- PR3: Lifting, pushing, pulling, carrying or otherwise moving 50 pounds maximum with frequent lifting and/or carrying of objects weighing up to 25 pounds. MEDIUM WORK CLASS.**
- PR4: Lifting, pushing, pulling, carrying or otherwise moving 100 pounds maximum with frequent lifting and/or carrying of objects weighing up to 50 pounds. HEAVY WORK CLASS.**
- PR5: Lifting, pushing, pulling, carrying or otherwise moving objects in excess of 100 pounds with frequent lifting and/or carrying of objects weighing up to 50 pounds. VERY HEAVY WORK CLASS.**
- PR6: Walking/standing 80% or above of scheduled work shift.**
- PR7: Climbing: Ascending/Descending ladders, stairs, etc using feet/legs and/or hands/arms.**
- PR8: Balancing: Maintaining body equilibrium to prevent falling when sitting, walking, standing, crouching, or running.**
- PR9: a) Stooping: Bending the body downwards and forward by bending the spine at the waist.  
b) Kneeling: Bending the legs at the knees to come to rest on the knee or knees.  
c) Crouching: Bending the body downward and forward by bending the legs and spine.  
d) Crawling: Moving about on the hands and knees or hands and feet.**
- PR10: Reaching: Extending the hands and arms in any direction.**
- PR11: Handling: Seizing, holding, grasping, turning, or otherwise working with the hand or hands (fingering not involved). MANUAL DEXTERITY.**
- PR12: Fingering: picking pinching or otherwise working with the fingers primarily (rather than with the whole hand or arms as in handling). FINGER DEXTERITY.**

**PR13: Feeling: Perceiving such attributes of object/materials as size, shape, temperature, texture, movement or pulsation by receptors in the skin, particularly those of the finger tips.**

**PR14: Talking: Expressing and exchanging ideas by means of the spoken word.**

**PR15: Hearing: Perceiving the nature of sounds by the ear, discerning and understanding the human voice and hearing auscultatory sounds.**

**PR16: a) Acuity, far - clarity of vision at 20 feet or more  
b) Acuity, near - clarity of vision at 20 inches or less**

**PR17: Depth perception - three dimensional vision. The ability to judge distance and space relationships so as to see objects where and as they actually are.**

**PR18: Field of vision - the area that can be seen up and down or to the right or left while the eyes are fixed on a given point.**

**PR19: Accommodation - adjustment of the lens of the eye to bring an object into sharp focus especially important for near-point work at varying distances from the eye.**

**PR20: Color vision - the ability to identify and distinguish colors.**

## Estimated Generic Student Costs

The following is an approximate list of the special fees for which nursing students are responsible. Please note that the amount or kind of fee may change without notice. It is the responsibility of the student to be aware of the fees for which they are responsible. Failure to do so may result in becoming ineligible to pursue the nursing major or in delay in issuing semester grades.

For current costs for tuition and associated fees, please see the current ECU Course Schedule online ([ecok.edu](http://ecok.edu)). These change yearly and vary for in state and out of state students.

<b>Generic Student Anticipated Fees and Estimated Amounts</b>	
Criminal Background and Sex Offenders Records Search w/fingerprint card	\$19.00 sophomore year \$15.00 senior year
Text Books/Course Workbooks/Scantron Sheets	\$300.00-\$400.00 per semester
Laboratory Supply Kit(s)	\$35.00-\$45.00 Sophomore & Junior year
Liability/Malpractice Insurance	\$18.00 per year: mandatory for all students in clinical course. Must be paid the end of the semester prior to the semester for the course in question.
Uniforms, lab coats, clinical shoes, etc	Minimum of \$200.00 for the 4 years
Stethoscope, pen light, bandage scissors, Kelly clamps, EKG calipers, etc	\$45.00 - \$65.00 - one time purchases
Dues: East Central University Nursing Student Association (ECUNSA) Oklahoma Nursing Student Association (ONSA)/ National Student Nurses Association (NSNA)	(Optional) \$5.00 per year \$26.00 per year
Annual ONSA Convention: (Fall Semester) Registration Hotel (2 nights)	(Optional junior year; mandatory senior year) \$50.00 \$100.00 per night
Travel to Clinical Sites	\$200.00-\$300.00 per year (estimate of cost for junior and senior years with car pooling with 3 other students)
HESI Examinations	\$41.00 one time - senior year
ECU Graduation Fee	\$25.00 one time - senior year
NCLEX Test Fee	\$200.00 one time - senior year
Oklahoma Licensure Fee	\$85.00 one time - senior year

OKLAHOMA BOARD OF NURSING  
2915 N. Classen Boulevard, Suite 524  
Oklahoma City, OK 73106  
(405) 962-1800

- I. In an effort to provide accurate and appropriate information in the bulletins and catalogues of nursing education programs, the Oklahoma Board of Nursing recommends a statement for inclusion in the bulletin/catalogue of each nursing education program. All other references to the role/responsibility of the Oklahoma Board of Nursing should be deleted.
- II. The following statement is the appropriate designation of the role/responsibility of the Oklahoma Board of Nursing in the nursing education program bulletin/catalogue:
- A. “The East Central University Department of Nursing is approved by the Oklahoma Board of Nursing. Graduates of this state-approved program are eligible to apply to write the National Council Licensure Examination (NCLEX) for (registered or practical) nurses. Applicants for Oklahoma licensure must meet all state and federal requirements to hold an Oklahoma license to practice nursing. In addition to completing a state-approved nursing education program that meets educational requirements and successfully passing the licensure examination, requirements include submission of an application for licensure, a criminal history records search, and evidence of citizenship or qualified alien status. Applicants for practical nurse licensure must also hold a high school diploma or a graduate equivalency degree (G.E.D.) [59 O.S. §567.5 & 567.6]. To be granted a license, an applicant must have the legal right to be in the United States (United States Code Chapter 8, Section 1621). In addition, Oklahoma law only allows a license to be issued to U.S. citizens, U.S. nationals, and legal permanent resident aliens. Other qualified aliens may be issued a temporary license that is valid until the expiration of their visa status, or if there is no expiration date, for one year. Applicants who are qualified aliens must present, in person, valid documentary evidence of:
1. A valid, unexpired immigrant or nonimmigrant visa status for admission into the United States;
  2. A pending or approved application for asylum in the United States;
  3. Admission into the United States in refugee status;
  4. A pending or approved application for temporary protected status in the United States;
  5. Approved deferred action status; or
  6. A pending application for adjustment of status to legal permanent resident status or conditional resident status.

The Board has the right to deny a license to an individual with a history of criminal background, disciplinary action on another health-related license or certification, or judicial declaration of mental incompetence [59 O.S. §567.8]. These cases are considered on an individual basis at the time application for licensure is made, with the exception of felony charges. An individual with a felony conviction cannot apply for licensure for at least five years after completion of all sentencing terms, including probation and suspended sentences, unless a presidential or gubernatorial pardon is received [59 O.S. §567.5 & 567.6].

III. The Board requests that this statement be included in your bulletin/catalogue.

**Regulatory Authority** 59 O.S. §567.12