

# College of Education and Psychology

## 2008-2009 Kinesiology - Exercise Science Degree Plan

### FIRST YEAR - FRESHMAN

<u>Fall Semester</u>	<u>Spring Semester</u>
UNIV 1001 * Freshman Seminar	ENG 1213 * Freshman Composition II
BIOL 1-14 * Life Science**	KIN 2272 First Aid
ENG 1113 * Freshman Composition I	---3 * Humanities-Western Civilization**
HIST 24-3 * United States History Survey**	1-14 * Physical Science**
KIN 2122 * Choices in Wellness	KIN 1962 Introduction to Kinesiology
MATH 1-13 * Math** ( <i>MATH 1413 recommended</i> )	

**16 TOTAL HOURS**

**14 TOTAL HOURS**

### SECOND YEAR - SOPHOMORE

<u>Fall Semester</u>	<u>Spring Semester</u>
---3 * Communication**(Speech or Language)	---3 * Communication** (Computer Literacy)
---3 * Humanities-Cultural/Human Diversity	---3 * Social Sciences**
KIN 2252 Skills & Techniques in Individual Sports	KIN 2332 Skills/Techniques:Movement Explore/Fitness
KIN 2262 Skills & Techniques in Team Sports	KIN 2413 Applied Anatomy
KIN 2713 Care & Prevention of Athletic Injuries	KIN 2532 Aquatic Skills and Programming
PS 1113 * United States Government	-3 * Humanities & Social Sciences**

**16 TOTAL HOURS**

**16 TOTAL HOURS**

### THIRD YEAR - JUNIOR

<u>Fall Semester</u>	<u>Spring Semester</u>
KIN 2222 Sports Nutrition	KIN 3612 Motor Learning
KIN 3723 Biomechanics	KIN 3733 Physiology of Exercise
KIN 3352 Research and Evaluation of Kinesiology	Choose one ---3 BIOL 3634; FCS 1513; HPER 3233 or 4593
UNIV 3001 * General Education Seminar	---9 Minor or Elective (9 hours)***
---6 Minor or Elective (6 hours)***	

**14 TOTAL HOURS**

**17 or 18 TOTAL HOURS**

### FOURTH YEAR - SENIOR

<u>Fall Semester</u>	<u>Spring Semester</u>
ATEP 3623 Therapeutic Exercise	KIN 4153 Organization and Administration
HRPSY 3253 Psychology of Aging	KIN 4283 Practicum
---6 Minor or Elective (6 hours)***	KIN 4623 Exercise Testing & Prescription
---4 Minor or Elective (4 hours)***	---6 Minor or Elective (6 hours)***

**16 TOTAL HOURS**

**15 TOTAL HOURS**

**TOTAL DEGREE PLAN HOURS 124**

\*General Education Requirement

\*\*See current catalog "General Education Requirements" for selection

\*\*\*Minor required (16-21 hours)/Electives (9-15 hours)