College of Education and Psychology 2017-2018 Kinesiology Degree Plan

FIRST YEAR - FRESHMAN

Fall Semester

BIOL	1-14 *	Life Science** (BIOL 1114 recommended)
ENG	1113 *	Freshman Composition I
KIN	2122 *	Choices in Wellness
MATH	1-13 *	Math** (MATH 1513 recommended)
PSYCH	1113 *	General Psychology
UNIV	1001 *	Freshman Seminar

16 TOTAL HOURS

Spring Semester

---3 * Communication** (Computer Literacy) ---3 * Humanities-Western Civilization** 1-14 * Phys Science** (CHEM 1114 recommended) ENG 1213 * Freshman Composition II

---3 * Communication**(Speech or Language)

---3 * Humanities-Cultural/Human Diversity

2713 # Care & Prevention of Athletic Injuries

Elective Courses (Upper Level)***

1113 * United States Government PS

16 TOTAL HOURS

SECOND YEAR - SOPHOMORE

Fall Semester

---4 Elective Courses (Upper Level)*** ---3 * Humanities & Social Sciences** #REF! HIST 24-3 * United States History Survey**

- KIN 1963 # Introduction to Kinesiology
- KIN 2413 # Applied Anatomy

16 TOTAL HOURS

15 TOTAL HOURS

First Aid

THIRD YEAR - JUNIOR

Fall Semester

- ---6 Elective Courses (Upper Level)***
- 2252 # Skills & Techniques in Individual Sports KIN
- KIN 2262 # Skills & Techniques in Team Sports
- 3353 # Research and Evaluation of Kinesiology KIN
- 3613 # Motor Learning KIN

16 TOTAL HOURS

Spring Semester

Spring Semester

KIN

KIN

---3

2273

- ----3 Elective Courses (Upper Level)***
- 2223 # Sports Nutrition KIN
- KIN 2433 Theory of Coaching
- 3233 Adapted PE KIN
- KIN 3723 # Biomechanics

15 TOTAL HOURS

FOURTH YEAR - SENIOR

Fall Semester Spring Semester Elective Courses (Upper Level)*** ---6 ---3 Elective Courses (Upper Level)*** 3733 # Physiology of Exercise 3303 Fundamentals of Sports Administration KIN KIN KIN 4223 # Strength and Conditioning KIN 4153 Organization and Administration KIN KIN 4593 # Psychology of Sports 4283 # Practicum 4623 # Exercise Testing & Prescription KIN #REF! #REF! # #REF! **15 TOTAL HOURS 15 TOTAL HOURS**

TOTAL DEGREE PLAN HOURS 124

*General Education Requirement

***Electives Required (25 hours), 7 HOURS MUST BE ALL UPPER LEVEL

**See current catalog "General Education Requirements" for selection