

EAST CENTRAL UNIVERSITY

KINESIOLOGY (EXERCISE SCIENCE) - B.S.  
0202/UG15

Advisor \_\_\_\_\_

Student's Name \_\_\_\_\_ ID No. \_\_\_\_\_

**DEGREE CHECK INCLUDES CURRENT ENROLLMENT**

|   |                                       |  |
|---|---------------------------------------|--|
| Checked by _____ Date _____               | Work in progress _____                |  |
| Required:                                 | 2.0 minimum required in the following | Work lacking:                          |
| 124 total hours _____ completed           | areas:                                | Major _____ (inc A/C and Related Work) |
| 30 hrs @ ECU _____ completed              | ECU Avg _____ Rtn Avg _____           | Minor _____ (incl Rel Wk)              |
| (15 of last 30 must be at ECU) _____      | Major Overall Avg _____               | Prof Educ _____                        |
| 60 hrs @ Sr College _____ completed       | Major ECU Avg _____                   | General Educ _____                     |
| 40 hrs upper level _____ completed        | Minor Overall Avg _____               | Comp Prof _____ met _____ not met      |
| HS Curricular Req _____ met _____ not met | Minor ECU Avg _____                   | Serv Lrng _____ met _____ not met      |

| <u>REQUIREMENTS</u>                                    | <u>HOURS</u> | <u>REQUIREMENTS</u>   | <u>HOURS</u> |
|--|--------------|---|--------------|
| <b>I. General Education (45 HOURS)</b>                 |              | <b>D. Required Exercise Science Electives</b>   | 3-4          |
| 5 hours (KIN 2122 and PSYCH 1113) counted in the Major |              | 3-4 hours from the following:   |              |
| Other hours needed                                     | <b>40</b>    | ___ BIOL 3634 Human Physiology  |              |
|  |              | ___ FCS 1513 Nutrition  |              |
|  |              | ___ KIN 3233 Adapted PE   |              |
|  |              | ___ KIN 3623 Community Recreation   |              |
| <b>II. Major in KIN - Exercise Science</b>             | <b>50-51</b> | <b>III. Related Work</b>  | <b>3</b>     |
| <b>A. Required General Education</b>                   | 2            | Required General Education  | 3            |
| ___ KIN 2122 Choices in Wellness                       |              | ___ PSYCH 1113 General Psychology   |              |
| <b>B. Required in KIN Core</b>                         | 26           | <b>IV. Minor (Required)</b>   | <b>16-21</b> |
| ___ KIN 1962 Intro to Kinesiology                      |              | <b>V. Electives</b>   | <b>9-15</b>  |
| ___ KIN 2252 Skls & Tech Ind Spts                      |              | <b>VI. Total Hours Required</b>   | <b>124</b>   |
| ___ KIN 2262 Skls & Tech Tm Spts                       |              | <b>VII. Special Requirements</b>  |              |
| ___ KIN 2272 First Aid                                 |              | Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.   |              |
| ___ KIN 2332 Skls & Tech Mvmt Expl/Ftns                |              | The OSRHE computer proficiency graduation requirement will be met through completion of one of the courses in the institution's general education computer literacy options (including equated or substituted courses), or testing out of the challenge exam for this course, OR successful completion of an associate of arts or associate of science degree at an Oklahoma two-year college in which the computer skills requirement was met. Satisfaction of this requirement may not reduce or remove any program requirements. |              |
| ___ KIN 2413 Applied Anatomy                           |              | Students beginning at East Central University in the fall 2007 semester or later who have earned less than sixty-four semester hours are required to take two classes with designated service-learning component. Students transferring to ECU for the first time in the fall 2007 semester or later with sixty-four or more semester hours will be required to take one class with a service-learning component.   |              |
| ___ KIN 2532 Aquatic Skills and Programming            |              |   |              |
| ___ KIN 2713 Care and Prevention Ath Inj               |              |   |              |
| ___ KIN 3612 Motor Learning                            |              |   |              |
| ___ KIN 4153 Organization and Administration           |              |   |              |
| ___ KIN 4593 Psychology of Sports                      |              |   |              |
| <b>C. Required in Exercise Science Concentration</b>   | 19           |   |              |
| ___ KIN 2222 Sports Nutrition                          |              |   |              |
| ___ KIN 3352 Research and Evaluation of Kinesiology    |              |   |              |
| ___ KIN 3723 Biomechanics                              |              |   |              |
| ___ KIN 3733 Physio of Exercise                        |              |   |              |
| ___ KIN 4223 Strength & Conditioning                   |              |   |              |
| ___ KIN 4283 Practicum                                 |              |   |              |
| ___ KIN 4623 Exer Test & Prescription                  |              |   |              |

MINOR \_\_\_\_\_

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