

**Transfer
with
Ease**

Articulation Agreement

BACHELOR OF SCIENCE: KINESIOLOGY

Catalog Year 2021–2022

Rose State College

East Central University

**Associate of Science
Health & Sports Science – Personal Trainer**

- ENGL 1113 English Comp I
- HPER 1202 Health & Wellness
- HPER 1113 First Aid/First Responder
- HPER 1213 Introduction to Health & Sports Sciences
- ORI 1101 College Orientation
- —3 hrs. MATH 15 hrs.

- ENGL 1213 English Comp II
- HPER 1222 Concept of Fitness
- HPER 2333 Sports Nutrition
- POLS 1113 American Federal Government
- —3 hrs. Humanities
- —2 hrs. General Education Electives 16 hrs.

- HPER 1391 Weight/Resistance Training
- HPER 2623 Physiology of Exercise
- HPER 2643 Applied Anatomy
- MCOM 1213 Public Speaking
- —3 hrs. Science (no lab)
- —3 hrs. Humanities 16 hrs.

- HIST 1483 U S History to 1877 OR HIST 1493 U S History Since 1877
- HPER 2612 Legal Aspects of Health & Sports Science
- HPER 2633 Principles of Personal Training
- —4 hrs. Science with lab
- —3 hrs. Liberal Arts Electives 15 hrs.

Total Credit Hours 62 hrs.

Bachelor of Science—Kinesiology

- KIN 3353 Research and Evaluation of Kinesiology
- KIN 3563 Health Promotion
- KIN 3883 Legal Aspects of Kinesiology
- —6 hrs. Elective 15 hrs.

- KIN 2223 Sports Nutrition
- KIN 2433 Theory of Coaching
- KIN 2713 Care & Prevention of Athletic Injuries
- KIN 3233 Adapted PE
- KIN 3723 Biomechanics 15 hrs.

- KIN 3733 Physiology of Exercise
- KIN 4223 Strength and Conditioning
- KIN 4593 Psychology of Sports
- —6 hrs. Elective 15 hrs.

- KIN 3303 Fundamentals of Sports Administration
- KIN 4153 Organization and Administration
- KIN 4284 Practicum
- KIN 4623 Exercise Testing & Prescription
- —2 hrs. Elective 15 hrs.

Total Credit Hours 60 hrs.



YOUR FUTURE - YOUR CHOICE



Course Equivalency Table

Rose State College	East Central University
HPER 1202 Health & Wellness	KIN 2122 Choices in Wellness
HPER 1113 First Aid/First Responder	KIN 2273 First Aid
HPER 1213 Introduction to Health & Sports Science	KIN 1963 Intro to Kinesiology
HPER 1391 Weight/Resistance Training	HPER W1001
HPER 1222 Concepts of Fitness	KIN 2122
HPER 2333 Sport Nutrition	KIN 2223 Sports Nutrition
HPER 2612 Legal Aspects of Health & Sports Science**	KIN 3883 Legal Aspects of Kinesiology
HPER 2623 Physiology of Exercise**	KIN 3733 Physio of Exercise
HPER 2633 Principles of Personal Training**	KIN 4223 Strength and Conditioning
HPER 2643 Applied Anatomy	KIN 2413 Applied Anatomy

NOTES:

- ⇒ ** Will transfer as course content but not for upper level credit: Student should meet with an ECU advisor for more information.
- ⇒ Articulated using RSC's A.A. for Health and Sports- Personal Trainer
- ⇒ A student transferring with an Associate degree in Arts or Science from RSC fulfills ECU's general education requirement by transferring his or her credit to East Central University. Transferring credit for general education does not eliminate or otherwise affect any of the following ECU requirements: (1) prerequisites; (2) specific requirements in majors, minors, or related work in these areas; or (3) the requirements for teacher certification. General Education equivalencies can be found by referring to either the Oklahoma State Regents Transfer Matrix or the ECU Transfer Matrix. Both matrices can be found at www.ecok.edu by clicking on *Admissions* and scrolling down to *Course Transfer Matrix*.
- ⇒ A student must earn at least 40 semester hours in upper-division courses (numbered 3000 or higher). A course taught at RSC may equate in content to an ECU 3000-4000 level course, but it will not be counted as part of the 40 hours of upper level courses.
- ⇒ A student must earn at least 60 semester hours, excluding physical activity courses, at a baccalaureate degree granting institution.
- ⇒ A Student must earn at least 124 credit hours that apply to an ECU Bachelor's degree.