

# ECU COURSE CATALOG

## 2025-2026 HUMAN DEV. HOSPITALITY & FOOD SERV. COURSES

### HHFS-1113 Apparel Design and Construction 3 Credits

THIS COURSE IS DESIGNED TO TEACH THE BEGINNING SEWIST/SEWER HOW TO CONSTRUCT CLOTHING. ONE OF THE GOALS IS TO PROVIDE THE STUDENT WITH THE UNDERSTANDING OF GOOD VS. BAD CONSTRUCTION PRINCIPLES, WHICH TRANSLATE TO THE BUYING, AND SELLING OF WHOLESALE/RETAIL TEXTILES. THIS CLASS ALLOWS THE STUDENTS TO DEVELOP THEIR FIBER ARTIST EYE IN THE PRODUCTION OF GARMENTS.

### HHFS-1213 Fibers, Yarns and Textiles in an Emerging Economy 3 Credits

EVER WONDERED WHAT IS REALLY IN THE CLOTHING YOU WEAR, THE SHEETS YOU SLEEP ON OR YOUR CAR SEAT THIS CLASS IS AN INCLUSIVE LOOK AT HOW FIBERS, YARNS AND FABRICS PLAY A VITAL ROLE IN OUR EMERGING ECONOMY. EXPLORE VARIOUS FIBERS, END USES, ECO-FRIENDLY MANUFACTURING, AND FAIR TRADE.

### HHFS-1523 Careers/Foundations in Human Development , Hospitality & Food Science 3 Credits

PROFESSIONAL ORIENTATION AND OPPORTUNITIES IN VARIOUS HUMAN DEVELOPMENT, HOSPITALITY, AND FOOD SCIENCE CAREER FIELDS. EMPHASIS ON ACADEMIC PREPARATION, CREDENTIALING, AND NETWORKING WITHIN CAREER AND TECHNICAL EDUCATION, HOSPITALITY, DIETETICS, COOPERATIVE EXTENSION, AND MORE.

### HHFS-2193 Retail Merchandising 3 Credits

LEARN ABOUT PROFESSIONAL SALES THROUGH CASE STUDIES, CURRENT TRENDS, AND TECHNIQUES OF SOLVING RETAIL MERCHANDISING PROBLEMS.

### HHFS-2463 Human Development I: Lifespan Human Development 3 Credits

LIFESPAN HUMAN DEVELOPMENT, STUDY OF HUMAN DEVELOPMENT FROM A LIFE SPAN PERSPECTIVE USING ECOLOGICAL SYSTEMS AND OTHER THEORIES.

### HHFS-2881 Special Study in Human Development, Hospitality and Food Science (Subject named in title listing) 1 Credit

DIRECTED GROUP STUDY ON SPECIAL SUBJECT OR PROBLEM.

### HHFS-2882 Special Study in Human Development, Hospitality and Food Science (Subject named in title listing) 2 Credits

DIRECTED GROUP STUDY ON SPECIAL SUBJECT OR PROBLEM.

### HHFS-2883 Special Study in Human Development, Hospitality and Food Science (Subject named in title listing) 3 Credits

DIRECTED GROUP STUDY ON SPECIAL SUBJECT OR PROBLEM.

### HHFS-2884 Special Study in Human Development, Hospitality and Food Science (Subject named in title listing) 4 Credits

DIRECTED GROUP STUDY ON SPECIAL SUBJECT OR PROBLEM.

### HHFS-3013 Consumerism 3 Credits

AN ANALYSIS OF MARKET SEGMENTATION, TARGET MARKETING, TECHNOLOGIES, AND CUSTOMER SATISFACTION. EMPHASIS ON THE CONSUMER ROLE CONCERNING POLITICAL, SOCIAL, AND CULTURAL IMPLICATIONS.

### HHFS-3114 Food Science: Service, Safety & Sanitation 4 Credits

CHEMICAL, PHYSICAL, SENSORY, AND NUTRITIONAL PROPERTIES OF FOOD RELATED TO PROCESSES USED IN FOOD PREPARATION. COURSEWORK PREPARES STUDENTS FOR NATIONAL SERVSAFE MANAGER CERTIFICATION. THIS COURSE ALSO INCLUDES A FOODS LAB.

### HHFS-3133 Foundations of Interior Design 3 Credits

INTRODUCTION TO THE INTERIOR DESIGN PROFESSION AND PRACTICE INCLUDING SOCIALLY AND ENVIRONMENTALLY RESPONSIBLE DESIGN IDEOLOGY. DESIGN STYLES RANGE FROM ANTIQUITIES TO CONTEMPORARY TO MEET THE GROWING NEEDS IN INTERIORS THROUGH RESTAURANTS, EVENT CENTERS, TRADE SHOWS, RETAIL STORES, AS WELL AS COMMERCIAL AND RESIDENTIAL REAL ESTATE.

### HHFS-3223 Meeting & Event Management 3 Credits

OVERVIEW OF VARIOUS EVENT MANAGEMENT INDUSTRIES. TECHNIQUES, PROCEDURES AND TECHNOLOGIES REQUIRED FOR PRODUCING SUCCESSFUL AND SUSTAINABLE GLOBAL EVENTS. STUDENTS WILL DEMONSTRATE SKILLS AND PROCESSES THROUGH CASE STUDIES AND EXPERIENTIAL LEARNING MODALITIES.

### HHFS-3233 Introduction to the Hospitality Industry 3 Credits

THE HOSPITALITY INDUSTRY IS ONE OF THE WORLD'S LARGEST INDUSTRIES. THIS COURSE COVERS ITS GROWTH AND PROGRESS. TOPICS INCLUDE TOURISM, LODGING, RESORTS, GAMING, RESTAURANTS, FOODSERVICE, AND CLUBS.

### HHFS-3313 Merchandise Buying 3 Credits

ANALYSIS OF MARKETS AND MERCHANDISING. A QUANTITATIVE PROCEDURE FOR PLANNING AND ANALYZING SALES, PROFIT, AND INVENTORY. FIELD EXPERIENCE REQUIRED.

### HHFS-3413 Aesthetic Design & Analysis in Visual Marketing 3 Credits

THIS COURSE IS AN IN-DEPTH LOOK AT THE EFFECTS COLORS PLAY IN A COMPANY OR INDIVIDUALS SUCCESS IN THE BUSINESSES WORK. LEARNING WHAT IT TAKES TO GET THE CUSTOMERS OR TARGET MARKET TO PAY ATTENTION TO THE IMAGES THAT ARE PRESENTED TO THEM IN ORDER TO ENHANCE PROFITS.

### HHFS-3514 Food Production Management 4 Credits

PRINCIPLES OF FOOD PRODUCTION. STUDENTS WILL APPLY SKILLS IN PROCUREMENT, QUANTITY AND QUALITY PRODUCTION, HAZARD ANALYSIS CRITICAL CONTROL POINT (HACCP) SYSTEMS, AND WORK SIMPLIFICATION. COURSEWORK PREPARES STUDENTS FOR NATIONAL SERVSAFE CERTIFICATION. THIS COURSE ALSO INCLUDES A FOODS LAB.

### HHFS-3514L Food Production Management Lab 0 Credits

LAB COURSE FOR HHFS-3514.

### HHFS-3623 Event Promotion 3 Credits

PRODUCTION AND EVALUATION OF EVENT PLANNING AND PROMOTION. Required Previous: HHFS-3223

### HHFS-3733 Hospitality Management 3 Credits

EXPLORE MANAGEMENT IN THE ENVIRONMENT OF THE HOSPITALITY INDUSTRY. LEARN HOW TO PLAN STAFFING, EXAMINE LAWS, TRAIN EMPLOYEES, AND TO MAINTAIN A POSITIVE ENVIRONMENT.

### HHFS-3813 Internship 3 Credits

DIRECTED PRACTICAL EXPERIENCES IN AN APPROVED WORK SITUATION RELATED TO INDUSTRY OF CHOICE.

### HHFS-3912 Life Span Nutrition 2 Credits

INVESTIGATE HOW NUTRITION REQUIREMENTS CHANGE THROUGHOUT THE HUMAN LIFECYCLE AND HOW CHANGING NUTRITIONAL INTAKE IMPACTS HUMAN HEALTH.

### HHFS-4113 Advanced Clothing Design, Fit & Tailoring 3 Credits

THIS CLASS LINKS WHOLESALE, RETAIL, SMALL, AND LARGE SCALE COMPANY SEWING AND DESIGN. STUDENTS RECEIVE A HANDS-ON APPROACH TO BETTER UNDERSTAND HOW TO MANUFACTURE, PURCHASE AND MARKET CLOTHING OR ANY PRODUCT THAT IS PRODUCED OUT OF FABRIC.

**HHFS-4213 Human Development II: Prenatal to Emerging Adulthood 3 Credits**

TOPICS IN HUMAN DEVELOPMENT: PRENATAL TO EMERGING ADULTHOOD. MAJOR THEORIES AND RESEARCH ON DEVELOPMENT AND ECOLOGICAL INFLUENCES. EXAMINATION OF CHANGE IN PHYSICAL, COGNITIVE/ LANGUAGE, SOCIOEMOTIONAL DEVELOPMENT IN CHILDREN UNDER AGE 9. EMPHASIS ON THE SEARCH FOR IDENTITY, SEXUALITY, VOCATIONAL CHOICE AND INTERPERSONAL RELATIONS IN ADOLESCENTS. Required Previous: HHFS-2463

**HHFS-4313 Issues in Housing 3 Credits**

ANALYSIS OF HOUSING ISSUES SUCH AS SOCIO-ECONOMIC LEVELS, DESIGN STYLES, FAMILY STRUCTURES, CULTURAL INFLUENCES, AND ENVIRONMENTAL SUSTAINABILITY. STUDENTS CREATE SOLUTIONS TO MODERN HOUSING PROBLEMS.

**HHFS-4443 Human Development III: Adult Spectrum 3 Credits**

RELATIONSHIP DEVELOPMENT IN THE ADULT SPECTRUM. THEORY AND RESEARCH ON THE FORMATION AND DEVELOPMENT OF, INTERPERSONAL RELATIONSHIPS IN DATING, FRIENDSHIP, AND THE WORKPLACE. APPLYING FAMILY THEORIES OF DIVERSE FAMILY SYSTEMS ACROSS THE MIDDLE AND LATER YEARS OF LIFE. Required Previous: HHFS-2463

**HHFS-4523 Strategies in Resource & Personnel Leadership 3 Credits**

A STUDY OF STRATEGIC AND OPERATIONAL PLANNING, PROBLEM SOLVING, AND DECISION MAKING, LEADERSHIP AND MOTIVATION IN THE WORKPLACE, USE OF RESOURCES, AND VARIOUS BEST PRACTICES OF SUCCESSFUL MANAGEMENT. KEY TOPICS INCLUDE MANAGEMENT CONCEPTS, DIVERSITY, ETHICS, TECHNOLOGY, AND GLOBALIZATION.

**HHFS-4981 Seminar in Human Development, Hospitality and Food Science (Subject named in title listing) 1 Credit**

DIRECTED GROUP STUDY ON SPECIAL SUBJECTS OR PROBLEMS.

**HHFS-4982 Seminar in Human Development, Hospitality and Food Science (Subject named in title listing) 2 Credits**

DIRECTED GROUP STUDY ON SPECIAL SUBJECTS OR PROBLEMS.

**HHFS-4983 Seminar in Human Development, Hospitality and Food Science (Subject named in title listing) 3 Credits**

DIRECTED GROUP STUDY ON SPECIAL SUBJECTS OR PROBLEMS.

**HHFS-4984 Seminar in Human Development, Hospitality and Food Science (Subject named in title listing) 4 Credits**

DIRECTED GROUP STUDY ON SPECIAL SUBJECTS OR PROBLEMS.

**HHFS-4991 Individual Study in Human Development, Hospitality and Food Science (Subject named in title listing) 1 Credit**

DIRECTED INDIVIDUAL STUDY ON SPECIAL SUBJECT OR PROBLEM. OPEN ONLY TO SELECTED UNDERGRADUATES.

**HHFS-4992 Individual Study in Human Development, Hospitality and Food Science (Subject named in title listing) 2 Credits**

DIRECTED INDIVIDUAL STUDY ON SPECIAL SUBJECT OR PROBLEM. OPEN ONLY TO SELECTED UNDERGRADUATES.

**HHFS-4993 Individual Study in Human Development, Hospitality and Food Science (Subject named in title listing) 3 Credits**

DIRECTED INDIVIDUAL STUDY ON SPECIAL SUBJECT OR PROBLEM. OPEN ONLY TO SELECTED UNDERGRADUATES.

**HHFS-4994 Individual Study in Human Development, Hospitality and Food Science (Subject named in title listing) 4 Credits**

DIRECTED INDIVIDUAL STUDY ON SPECIAL SUBJECT OR PROBLEM. OPEN ONLY TO SELECTED UNDERGRADUATES.

**HHFS-5981 Seminar in Human Development, Hospitality, and Food Science (Subject named in title listing) 1 Credit**

DIRECTED INTENSIVE STUDY ON SELECTED PROBLEMS OR SPECIAL TOPIC.

**HHFS-5982 Seminar in Human Development, Hospitality, and Food Science (Subject named in title listing) 2 Credits**

DIRECTED INTENSIVE STUDY ON SELECTED PROBLEMS OR SPECIAL TOPIC.

**HHFS-5983 Seminar in Human Development, Hospitality, and Food Science (Subject named in title listing) 3 Credits**

DIRECTED INTENSIVE STUDY ON SELECTED PROBLEMS OR SPECIAL TOPIC.

**HHFS-5984 Seminar in Human Development, Hospitality, and Food Science (Subject named in title listing) 4 Credits**

DIRECTED INTENSIVE STUDY ON SELECTED PROBLEMS OR SPECIAL TOPIC.

**HHFS-5991 Individual Study in Human Development, Hospitality, and Food Science (Subject named in title listing) 1 Credit**

DIRECTED INTENSIVE STUDY ON DEFINITE PROBLEM OR SPECIAL SUBJECT, BASED ON APPROVED OUTLINE OR PLAN, CONFERENCES, ORAL AND WRITTEN REPORTS.

**HHFS-5992 Individual Study in Human Development, Hospitality, and Food Science (Subject named in title listing) 2 Credits**

DIRECTED INTENSIVE STUDY ON DEFINITE PROBLEM OR SPECIAL SUBJECT, BASED ON APPROVED OUTLINE OR PLAN, CONFERENCES, ORAL AND WRITTEN REPORTS.

**HHFS-5993 Individual Study in Human Development, Hospitality, and Food Science (Subject named in title listing) 3 Credits**

DIRECTED INTENSIVE STUDY ON DEFINITE PROBLEM OR SPECIAL SUBJECT, BASED ON APPROVED OUTLINE OR PLAN, CONFERENCES, ORAL AND WRITTEN REPORTS.

**HHFS-5994 Individual Study in Human Development, Hospitality, and Food Science (Subject named in title listing) 4 Credits**

DIRECTED INTENSIVE STUDY ON DEFINITE PROBLEM OR SPECIAL SUBJECT, BASED ON APPROVED OUTLINE OR PLAN, CONFERENCES, ORAL AND WRITTEN REPORTS.

**HHFS-H1213 Emerging Economy 3 Credits**

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**HHFS-H1513 Honors-Basic Nutrition 3 Credits**

PRINCIPLES OF NUTRITION APPLIED TO PERSONAL FOOD CHOICES AND HEALTH.

**HHFS-H3133 Honors-Foundations of Interior Design 3 Credits**

INTRODUCTION TO THE INTERIOR DESIGN PROFESSION AND PRACTICE INCLUDING SOCIALLY AND ENVIRONMENTALLY RESPONSIBLE DESIGN IDEOLOGY. DESIGN STYLES RANGE FROM ANTIQUITIES TO CONTEMPORARY TO MEET THE GROWING NEEDS IN INTERIORS THROUGH RESTAURANTS, EVENT CENTERS, TRADE SHOWS, RETAIL STORES, AS WELL AS COMMERCIAL AND RESIDENTIAL REAL ESTATE.

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**HHFS-H3623 Honors-Event Promotion 3 Credits**

PRODUCTION AND EVALUATION OF EVENT PLANNING AND PROMOTION.

**HHFS-H3813 Honors-Internship 3 Credits**

DIRECTED PRACTICAL EXPERIENCES IN AN APPROVED WORK SITUATION RELATED TO INDUSTRY OF CHOICE.

**HHFS-H4443 Honors-Human Development III: Adult Spectrum 3 Credits**

RELATIONSHIP DEVELOPMENT IN THE ADULT SPECTRUM. THEORY AND RESEARCH ON THE FORMATION AND DEVELOPMENT OF INTERPERSONAL RELATIONSHIPS IN DATING, FRIENDSHIP, AND THE WORKPLACE. APPLYING FAMILY THEORIES OF DIVERSE FAMILY SYSTEMS ACROSS THE MIDDLE AND LATER YEARS IN LIFE. Required Previous: HHFS-2463

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