

**EAST CENTRAL UNIVERSITY**  
**COLLEGE OF EDUCATION AND PSYCHOLOGY**  
**PSYCHOLOGY - BEHAVIORAL HEALTH (BS) - 0372**  
**4-YEAR PLAN**  
**2025-2026 CATALOG YEAR**

**FIRST YEAR- FRESHMAN (32-HRS)**

Fall Semester

UNIV 1001 Tiger Connect\*  
ENG 1113\* Freshman Composition I  
MATH 1513\* College Algebra OR  
MATH 1223 or 1613  
Civic Consciousness\*  
General Education Elective\*

*(KIN 2183 Basic Nutrition Recommended)*

PSYCH 1113 General Psychology\*

**16 TOTAL HOURS**

Spring Semester

ENG 1213 \* Freshman Composition II  
Nature and Science\*  
Civic Consciousness\*  
Exploration & Personal Enrichment\*  
*(CMPSC 1513 Computer Lit. Rerecommended)*

PSYCH 2403 Sociocultural Psychology

**16 TOTAL HOURS**

**SECOND YEAR-SOPHOMORE (30-HRS)**

Fall Semester

Nature and Science\*  
Cultural and Aesthetic Awareness\*  
Elective or Minor  
Elective or Minor  
PSYCH 3463 Child & Adolescent Psychology

**15 TOTAL HOURS**

Spring Semester

Exploration & Personal Enrichment\*  
*(SOC 1113 Intro. Sociology Recommended)*  
Cultural and Aesthetic Awareness\*  
Elective or Minor  
PSYCH 2313 History & Systems of Psychology  
PSYCH 4133 Abnormal Psychology

**15 TOTAL HOURS**

**THIRD YEAR - JUNIOR (30-HRS)**

Fall Semester

Elective or Minor  
Elective or Minor  
Elective or Minor  
PSYCH 3023 Intro to Health Psychology  
PSYCH 4413 Psychology of Personality

**15 TOTAL HOURS**

Spring Semester

Elective or Minor  
Elective or Minor  
Elective or Minor  
PSYCH 3053 Intro to Clinical & Counseling Psych  
PSYCH 4213 Psychological Tests & Measurement

**15 TOTAL HOURS**

**FOURTH YEAR - SENIOR (28-HRS)**

Fall Semester

Elective or Minor  
Elective or Minor  
Elective or Minor  
Elective or Minor  
HRPSY 3253 Psychology of Aging  
PSYCH 4001 Psychology Senior Seminar  
*(complete in fall OR spring senior year)*

**15-16 TOTAL HOURS**

Spring Semester

Elective or Minor  
Elective or Minor  
Elective or Minor  
PSYCH Approved Elective  
PSYCH 4001 Psychology Senior Seminar  
*(if not completed in fall semester)*

**12-13 TOTAL HOURS**

**Legend:**

*\*General Education Requirements*