

ECU COURSE CATALOG

HEALTH & PHYSICAL EDUCATION COURSES

HPER-E1611 Theo&tech Dance I-Md Dn II 1 Credit
A STUDY OF THE BASIC DANCE STEPS, MOVEMENTS, AND TECHNIQUES USED IN THIS AREA OF DANCE. TYPE OF DANCE WILL BE LISTED IN SCHEDULE.

HPER-F1001 P E Activ-Folk Dance 1 Credit

HPER-F1611 Theo&tech Dance I-Folk Dnc 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-F2512 Fund Spts-Football 2 Credits
INSTRUCTION AND PRACTICE IN FUNDAMENTAL SKILLS. MAY BE REPEATED- WILL COUNT ONLY ONCE IN ANY ONE SPORT ON MAJOR OR MINOR.

HPER-F3113 Offic Spts-Football 3 Credits
A STUDY OF THE RULES AND THE MECHANICS OF OFFICIATING EACH SPORT.

HPER-F4543 Adv Theo Coach-Football 3 Credits
AN INTENSIVE STUDY OF MODERN TECHNIQUES OF COACHING.

HPER-H1001 P E Activ-Cheerleading 1 Credit
ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-H1611 Theo&tech Dance I-Jazz II 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-I1001 P E Activ-Baseball 1 Credit

HPER-I1711 Aquatics-Intermediate Swim 1 Credit
VARIOUS TYPES OF WATER ACTIVITY AND INSTRUCTION. Course will be graded P(Pass) or NP(NoPass).

HPER-J1001 P E Activ-Tap & Jazz 1 Credit

HPER-J1611 Theo&tech Dance I-Tap&jazz 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-K1001 Pe Activ-Beginning Bowling 1 Credit
ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-K1151 Team Spts-Basketball 1 Credit
GROUP ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT SUCH AS- FOOTBALL, FIELD HOCKEY, SOCCER, BASKETBALL, SOFTBALL, BASEBALL, AND VOLLEYBALL. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-K1611 Theo&tech Dance I-Ballet I 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-K3113 Offic Spts-Basketball 3 Credits
A STUDY OF THE RULES AND THE MECHANICS OF OFFICIATING EACH SPORT.

HPER-K4543 Adv Theo Coach-Basketball 3 Credits
AN INTENSIVE STUDY OF MODERN TECHNIQUES OF COACHING.

HPER-L1001 P E Activ-Ballet 1 Credit

HPER-L1111 Indiv Spts-Begin Golf 1 Credit
RECREATIONAL ACTIVITIES FOR PHYSICAL IMPROVEMENT SUCH AS GOLF, RACQUETSports, AQUATICS, BOWLING, AND GYMNASTICS. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-L1611 Theo&tech Dance I-Ballet 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-L2131 Intercollegiate Golf 1 Credit
VARSITY LEVEL COMPETITION OF THE SPORT IN SEASON. MEETS FIVE DAYS A WEEK. Course will be graded P(Pass) or NP(NoPass).

HPER-M1001 P E Activ-Interm Bowling 1 Credit
ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-M1111 Indiv Spts-Golf 1 Credit
RECREATIONAL ACTIVITIES FOR PHYSICAL IMPROVEMENT SUCH AS GOLF, RACQUETSports, AQUATICS, BOWLING, AND GYMNASTICS. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-M1611 Theo&tech Dance I-Md Dnc I 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-N1002 P E Activ-Aerobic Swimming 2 Credits
ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING.

HPER-N1111 Indiv Spts-Intermed Tennis 1 Credit
RECREATIONAL ACTIVITIES FOR PHYSICAL IMPROVEMENT SUCH AS GOLF, RACQUETSports, AQUATICS, BOWLING, AND GYMNASTICS. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-N1611 Theo&tech Dnc I-Ballet II 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-P1001 P E Activ-Square Dance 1 Credit

HPER-P1151 Team Spts-Soccer 1 Credit
GROUP ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT SUCH AS- FOOTBALL, FIELD HOCKEY, SOCCER, BASKETBALL, SOFTBALL, BASEBALL, AND VOLLEYBALL. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-P1611 Theo&tech Dance I-Sq Dnc 1 Credit
A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-P1711 Aquatics-Begin Swimming 1 Credit
VARIOUS TYPES OF WATER ACTIVITY AND INSTRUCTION. Course will be graded P(Pass) or NP(NoPass).

HPER-R2512 Fund Spts-Wrestling 2 Credits
INSTRUCTION AND PRACTICE IN FUNDAMENTAL SKILLS. MAY BE REPEATED- WILL COUNT ONLY ONCE IN ANY ONE SPORT ON MAJOR OR MINOR.

HPER-T1001 P E Activ-Gymns & Tumbling 1 Credit
ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-T1111 Indiv Spts-Begin Tennis 1 Credit
 RECREATIONAL ACTIVITIES FOR PHYSICAL IMPROVEMENT SUCH AS GOLF, RACQUETSPORTS, AQUATICS, BOWLING, AND GYMNASTICS. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-T1611 Theo&tech Dance I-Tap I 1 Credit
 A STUDY OF BEGINNING THEORIES AND TECHNIQUES IN DANCE, WHICH PROMOTE THE DEVELOPMENT OF SPECIFIC MOVEMENT QUALITIES AND PERFORMANCE SKILLS.

HPER-V1001 P E Activ-Various Activ 1 Credit
 ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-V1111 Indiv Spts-Varied Sports 1 Credit
 RECREATIONAL ACTIVITIES FOR PHYSICAL IMPROVEMENT SUCH AS GOLF, RACQUETSPORTS, AQUATICS, BOWLING, AND GYMNASTICS. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-V1151 Team Spts-Volleyball 1 Credit
 GROUP ACTIVITIES FOR GENERAL PHYSICAL IMPROVEMENT SUCH AS FOOTBALL, FIELD HOCKEY, SOCCER, BASKETBALL, SOFTBALL, BASEBALL, AND VOLLEYBALL. TYPE OF ACTIVITY WILL BE IDENTIFIED IN COURSE LISTING. Course will be graded P(Pass) or NP(NoPass).

HPER-W2512 Fund Spts-Wght Trng & Cond 2 Credits
 INSTRUCTION AND PRACTICE IN FUNDAMENTAL SKILLS. MAY BE REPEATED- WILL COUNT ONLY ONCE IN ANY ONE SPORT ON MAJOR OR MINOR.

HPER-X1001 P E Activ-Volleyball 1 Credit