

College of Education and Psychology

2019-2020 Kinesiology Degree Plan

FIRST YEAR - FRESHMAN

<u>Fall Semester</u>		<u>Spring Semester</u>	
BIOL	1-14 * Life Science** (<i>BIOL 1114 recommended</i>)	---	3 * Communication** (Computer Literacy)
ENG	1113 * Freshman Composition I	---	3 * Humanities-Western Civilization**
KIN	2122 * Choices in Wellness	1-14	* Phys Science** (<i>CHEM 1114 recommended</i>)
MATH	1-13 * Math** (<i>MATH 1513 recommended</i>)	ENG	1213 * Freshman Composition II
PSYCH	1113 * General Psychology	PS	1113 * United States Government
UNIV	1001 * Freshman Seminar		

16 TOTAL HOURS

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SECOND YEAR - SOPHOMORE

<u>Fall Semester</u>		<u>Spring Semester</u>	
---	4 Elective Courses (Upper Level)***	---	3 * Communication**(Speech or Language)
---	* Humanities & Social Sciences**	---	3 Elective Courses (Upper Level)***
HIST	24-3 * United States History Survey**	---	* Humanities-Cultural/Human Diversity
KIN	1963 Introduction to Kinesiology	KIN	2273 First Aid
KIN	2413 Applied Anatomy	KIN	2713 Care & Prevention of Athletic Injuries

16 TOTAL HOURS

15 TOTAL HOURS

THIRD YEAR - JUNIOR

<u>Fall Semester</u>		<u>Spring Semester</u>	
---	4 Elective Courses (Upper Level)***	---	3 Elective Courses (Upper Level)***
KIN	3353 Research and Evaluation of Kinesiology	KIN	2223 Sports Nutrition
KIN	3563 Health Promotion	KIN	2433 Theory of Coaching
KIN	3613 Motor Learning	KIN	3233 Adapted PE
KIN	3883 Legal Aspects of Kinesiology	KIN	3723 Biomechanics

16 TOTAL HOURS

15 TOTAL HOURS

FOURTH YEAR - SENIOR

<u>Fall Semester</u>		<u>Spring Semester</u>	
---	6 Elective Courses (Upper Level)***	---	3 Elective Courses (Upper Level)***
KIN	3733 Physiology of Exercise	KIN	3303 Fundamentals of Sports Administration
KIN	4223 Strength and Conditioning	KIN	4153 Organization and Administration
KIN	4593 Psychology of Sports	KIN	4283 Practicum
		KIN	4623 Exercise Testing & Prescription

15 TOTAL HOURS

15 TOTAL HOURS

TOTAL DEGREE PLAN HOURS 124

*General Education Requirement

**See current catalog "General Education Requirements" for selection

***Electives Required (23 hours), AT LEAST 1 OF THOSE HOURS MUST BE UPPER LEVEL