

EAST CENTRAL UNIVERSITY

KINESIOLOGY - B.S.  
0202/UG20

Advisor \_\_\_\_\_

Student's Name \_\_\_\_\_ ID No. \_\_\_\_\_

**DEGREE CHECK INCLUDES CURRENT ENROLLMENT**

Checked by \_\_\_\_\_ Date \_\_\_\_\_  
 Required:  
 124 total hours \_\_\_\_\_ completed  
 30 hrs @ ECU \_\_\_\_\_ completed  
 (15 of last 30 must be at ECU) \_\_\_\_\_  
 60 hrs @ Sr College \_\_\_\_\_ completed  
 40 hrs upper level \_\_\_\_\_ completed  
 HS Curricular Req \_\_\_ met \_\_\_ not met

Work in progress \_\_\_\_\_  
 2.0 minimum required in the following areas:  
 ECU Avg \_\_\_\_\_ Rtn Avg \_\_\_\_\_  
 Major Overall Avg \_\_\_\_\_  
 Major ECU Avg \_\_\_\_\_  
 Minor Overall Avg \_\_\_\_\_

Work lacking:  
 Major \_\_\_\_\_ (inc A/C and Related Work)  
 Minor \_\_\_\_\_ (incl Rel Wk)  
 Prof Educ \_\_\_\_\_  
 General Educ \_\_\_\_\_  
 Comp Prof \_\_\_ met \_\_\_ not met

**REQUIREMENTS**

**HOURS**

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**HOURS**

**I. General Education (44 HOURS)**

2 hours (KIN 2122) counted in the Major

Other hours needed **42**

**II. Major in Kinesiology**

**59**

**A. Required General Education** 2  
 \_\_\_ KIN 2122 Choices in Wellness

**B. Required in Kinesiology Major** 57  
 \_\_\_ KIN 1963 Intro to Kinesiology  
 \_\_\_ KIN 2223 Sports Nutrition  
 \_\_\_ KIN 2273 First Aid  
 \_\_\_ KIN 2413 Applied Anatomy  
 \_\_\_ KIN 2433 Theory of Coaching  
 \_\_\_ KIN 2713 Care and Prevention Ath Inj  
 \_\_\_ KIN 3233 Adapted PE  
 \_\_\_ KIN 3303 Fundamentals of Sports Administration  
 \_\_\_ KIN 3353 Research and Evaluation of Kinesiology  
 \_\_\_ KIN 3563 Health Promotion  
 \_\_\_ KIN 3613 Motor Learning  
 \_\_\_ KIN 3723 Biomechanics  
 \_\_\_ KIN 3733 Physiology of Exercise  
 \_\_\_ KIN 3883 Legal Aspects of Kinesiology  
 \_\_\_ KIN 4153 Organization and Administration  
 \_\_\_ KIN 4223 Strength & Conditioning  
 \_\_\_ KIN 4283 Practicum  
 \_\_\_ KIN 4593 Psychology of Sports  
 \_\_\_ KIN 4623 Exer Test & Prescription

**IV. Minor (Not Required)**

**V. Electives** **23**

Student must take an adequate number of upper level hours. There are 36 upper level hours built into the Kinesiology degree, therefore students must take a minimum of 4 upper level elective hours in order to meet the 40 hour upper level requirement. Recommended courses and/or minor from BIOL, BUS, CHEM, EDUC, PSYCH, PHYS, and SOC.

**VI. Total Hours Required** **124**

**VII. Special Requirements**

Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.

The OSRHE computer proficiency graduation requirement will be met through completion of one of the courses in the institution's general education computer literacy options (including equated or substituted courses), or testing out of the challenge exam for this course, OR successful completion of an associate of arts or associate of science degree at an Oklahoma two-year college in which the computer skills requirement was met. Satisfaction of this requirement may not reduce or remove any program requirements.

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