

# College of Education and Psychology

## 2020-2021 Kinesiology Degree Plan

### FIRST YEAR - FRESHMAN

<u>Fall Semester</u>	<u>Spring Semester</u>
BIOL 1-14 * Life Science** ( <i>BIOL 1114 recommended</i> )	---3 * Communication** (Computer Literacy)
ENG 1113 * Freshman Composition I	---3 * Humanities-Western Civilization**
KIN 2122 * Choices in Wellness	1-14 * Phys Science** ( <i>CHEM 1114 recommended</i> )
MATH 1-13 * Math** ( <i>MATH 1513 recommended</i> )	ENG 1213 * Freshman Composition II
PSYCH 1113 * General Psychology	PS 1113 * United States Government
UNIV 1001 * Freshman Seminar	
<b>16 TOTAL HOURS</b>	<b>16 TOTAL HOURS</b>

### SECOND YEAR - SOPHOMORE

<u>Fall Semester</u>	<u>Spring Semester</u>
---4 Elective Courses (Upper Level)***	---3 * Communication**(Speech or Language)
---3 * Humanities & Social Sciences**	---3 Elective Courses (Upper Level)***
HIST 24-3 * United States History Survey**	---3 * Humanities-Cultural/Human Diversity
KIN 1963 Introduction to Kinesiology	KIN 2273 First Aid
KIN 2413 Applied Anatomy	KIN 2713 Care & Prevention of Athletic Injuries
<b>16 TOTAL HOURS</b>	<b>15 TOTAL HOURS</b>

### THIRD YEAR - JUNIOR

<u>Fall Semester</u>	<u>Spring Semester</u>
---4 Elective Courses (Upper Level)***	---3 Elective Courses (Upper Level)***
KIN 3353 Research and Evaluation of Kinesiology	KIN 2223 Sports Nutrition
KIN 3563 Health Promotion	KIN 2433 Theory of Coaching
KIN 3613 Motor Learning	KIN 3233 Adapted PE
KIN 3883 Legal Aspects of Kinesiology	KIN 3723 Biomechanics
<b>16 TOTAL HOURS</b>	<b>15 TOTAL HOURS</b>

### FOURTH YEAR - SENIOR

<u>Fall Semester</u>	<u>Spring Semester</u>
---6 Elective Courses (Upper Level)***	---3 Elective Courses (Upper Level)***
KIN 3733 Physiology of Exercise	KIN 3303 Fundamentals of Sports Administration
KIN 4223 Strength and Conditioning	KIN 4153 Organization and Administration
KIN 4593 Psychology of Sports	KIN 4283 Practicum
	KIN 4623 Exercise Testing & Prescription
<b>15 TOTAL HOURS</b>	<b>15 TOTAL HOURS</b>

**TOTAL DEGREE PLAN HOURS 124**

\*General Education Requirement

\*\*See current catalog "General Education Requirements" for selection

\*\*\*Electives Required (23 hours), AT LEAST 1 OF THOSE HOURS MUST BE UPPER LEVEL