

East Central University

Kinesiology - B.S.

0202/UG23

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| Student Name: _____ | Student ID # _____ |
| 30 hours at ECU completed | Advisor: _____ |
| 60 hours at Sr college completed | _____ |
| 40 hours upper level completed | _____ OSRHE Computer Proficiency Requirement met |

| Requirements | Hours | Hours |
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A maximum of 12 hours may be applied to both the major/related work and general education

Courses highlighted in blue are general education courses.

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| I. General Education (40 Hours) | 40 |
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| II. Major in Kinesiology | 63 |
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| KIN | 1963 | Intro to Kinesiology | | | | | | | |
| KIN | 2122 | Choices in Wellness | | | | | | | |
| KIN | 2223 | Sports Nutrition | | | | | | | |
| KIN | 2273 | First Aid | | | | | | | |
| KIN | 2413 | Applied Anatomy | | | | | | | |
| KIN | 2433 | Theory of Coaching | | | | | | | |
| KIN | 2713 | Care and Prevention of Athletic Injuries | | | | | | | |
| KIN | 3103 | Technology in Kinesiology | | | | | | | |
| KIN | 3233 | Adapted Physical Education | | | | | | | |
| KIN | 3303 | Fundamentals of Sports Administration | | | | | | | |
| KIN | 3353 | Research and Evaluation of Kinesiology | | | | | | | |
| KIN | 3563 | Health Promotion | | | | | | | |
| KIN | 3613 | Motor Learning | | | | | | | |
| KIN | 3723 | Biomechanics | | | | | | | |
| KIN | 3733 | Physiology of Exercise | | | | | | | |
| KIN | 3883 | Legal Aspects of Kinesiology | | | | | | | |
| KIN | 4153 | Organization and Administration | | | | | | | |
| KIN | 4223 | Strength and Conditioning | | | | | | | |
| KIN | 4284 | Practicum | | | | | | | |
| KIN | 4593 | Psychology of Sports | | | | | | | |
| KIN | 4623 | Exercise Testing and Prescription | | | | | | | |

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| IV. Minor (Not Required) | 0 |
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| V. Electives | 19 |
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An elective course is any college-level course not required by the degree that is utilized to reach the 120 credit hours required for degree completion. Elective courses are chosen according to the interest of the student and can be used in completion of a minor, certificate, or additional major.

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| VI. Total Hours Required | 120 |
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| VII. Special Requirements | |
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Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.