

Nicolas A. Stowers, M.Ed.

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Education

Oklahoma State University, Stillwater, Oklahoma

Doctor of Philosophy (ABD Completed), *Expected to finish dissertation December 2016*

Major: Workforce and Adult Education (previously known as Occupational Education Studies)

Cognate/Concentration Area: Higher Education

Dissertation Topic: Motivations for success after college among student-athletes at a NCAA Division II university

Southwestern Oklahoma State University, Weatherford, Oklahoma

Master of Education, *July 2012*

Major: Sports Management

East Central University, Ada, Oklahoma

Bachelor of Science, *December 2010*

Major: Exercise Science Minor: Education

Certifications

Athlete Development Professional Certification Program, January 2016

University of Pennsylvania Wharton School, Philadelphia, PA

CPR/First Aid/AED Instructor Certification, July 2014-July 2016

American Heart Association

Work Experience

Rogers State University

Adjunct Instructor, *January 2014- Present*

- Provide knowledge and Deliver cutting edge education that is relevant to the student
- Be invested in the growth and development of the students through pedagogy and advisement
- Support the student to learn and implement new ideas and concepts.
- Apply appropriate rigor to challenge the thinking of students
- Implemented online exercises and assignments to course curriculum
- Use of learning management systems
- *Courses Taught: Methods of Strength and Conditioning, Health Concepts, First Aid, Cardio Weight Training, Lifetime Aerobic Fitness, and Student-Athlete Leadership Class*

Rogers State University

Assistant Athletic Director for Student Development, January 2014- Present

- Providing academic, personal, and career support programs to aid in the total development of student athletes
- Administering academic support programs including academic advisement, subject tutors, mentors, and learning groups
 - *Helped to raise student-athlete overall GPA from a 2.9 to a 3.10*
- Reviewing of all student athlete scheduling and transcripts to ensure NCAA eligibility requirements are met
- Promoting cooperative efforts between academic affairs, faculty, and athletics
- Coordinator of the NCAA Champs Life skills program
 - *Created NCAA Life Skills program to apply to the development of Student-Athletes*
- Student Athlete Advisory Committee Advisor
- Help organize and carry out game day operations for all home athletic events
- Management of the athletic fitness center
 - *Contributed to the addition of \$20,000 worth of new fitness equipment*
- Major contributor to the athletic department transition to NCAA division II

Oklahoma City University

Assistant Director for Student life- Intramural Sports & Recreation, July 2012- January 2014

- Coordinating Intramural Programs
- Managing of the university's fitness center
- Supervising and hiring of over 30 student employees
- Creation and implementation of campus recreational programs
- Assisting with Athletic events and Student activities
- Managing department budget
- Building coordinator and member of the emergency response team
- Inter-fraternity Council Advisor
- Created university's first intramural field
- Reshaped the overall organization and participation for the intramural program
- Made successful marketing efforts to improve the department and student engagement

Oklahoma Army National Guard

Unit Supply Sergeant, December 2007-December 2013 (active duty July 2010 – April 2012)

- Section Leader/ Non Commission Officer
- Nuclear, Biological and Chemical Specialist
- Management of 32 million dollars of US Government equipment, while successfully moving the equipment to three separate foreign countries during dangerous combat situations
- Facility management and key control
- Overseeing logistical and budget operations for military unit
- Physical fitness and sports coordinator
- Served in Operation Enduring Freedom (OEF) in a foreign tour
- Taught wellness classes to fellow soldiers

East Central University Strength and Conditioning

Volunteer Assistant Coach, January 2010- July 2010

- Assisted with baseball and football Programs
- Maintained weight room organization and equipment readiness
- Recorded lifts and workouts

Skills & Qualifications

- Microsoft Office
- Adobe Creative Suite software
- Knowledge of jenzabar, poise, and banner computer applications
- Knowledge of SPSS statistical program

Professional Presentations & Proposals

- Oklahoma State University – Three Minute Thesis Competition
 - Topic: Virtual Soccer Playing Field: An alternative form of training
- Oklahoma City University – Creation of the University's first intramural field
 - Created proposal and presented to the committee of university Vice presidents
 - *Included budgets, blueprint, and location for project*
- 2016 NCAA Student-Athlete Leadership Forum
 - Presented to 40 athletes, administrator and coaches during a five day conference.
 - *Topics covered: Strengths Based Leadership, Identifying Leadership Characteristics and Challenges, Emotional Intelligence, Effective Communication, Conflict Resolution, Transformational Leadership, and Bystander Intervention Skills*

Conferences

- The National Intramural-Recreational Sports Association (NIRSA) Annual Conference
 - Las Vegas, NV (February 2012)
- National Association of Academic Advisors for Athletics (N4A) Regional Conference
 - Oklahoma City, OK (June 2014)
- NCAA Effective Facilitation Workshop
 - Indianapolis, IN (February 2016)
- NCAA Leadership Forum Facilitator Training
 - Indianapolis, IN (February 2016)
- 2016 NCAA Student-Athlete Leadership Forum – Facilitator/Presenter
 - Phoenix, AZ (April 2016)

Accomplishments & Awards

- East Central Football- Lettered 1 year
- East Central University Outstanding Senior Award (2009-10)
- East Central University President's Honor Roll (past)
- Operation Enduring Freedom Veteran
- Lloyd L. Wiggins Memorial Scholarship Recipient (Oklahoma State University: 2016)

Organizations

- East Central University Student Senate (Two terms: 2008-09 and 2009-10)
- The National Intramural-Recreational Sports Association (NIRSA)
- National Association of Academic Advisors for Athletics (N4A)