

**DEGREE CHECK INCLUDES CURRENT ENROLLMENT**

<table>
<thead>
<tr>
<th>Checked by</th>
<th>Date</th>
<th>Work in progress</th>
<th>Work lacking:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>2.0 minimum required in the following areas:</td>
<td></td>
</tr>
<tr>
<td>124 total hours</td>
<td>completed</td>
<td>ECU Avg</td>
<td>Rtn Avg</td>
</tr>
<tr>
<td>30 hrs @ ECU</td>
<td>completed</td>
<td>Major (inc A/C and Related Work)</td>
<td></td>
</tr>
<tr>
<td>(15 of last 30 must be at ECU)</td>
<td></td>
<td>Minor (incl Rel Wk)</td>
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</tr>
<tr>
<td>60 hrs @ Sr College</td>
<td>completed</td>
<td>Major Overall Avg</td>
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</tr>
<tr>
<td>40 hrs upper level</td>
<td>completed</td>
<td>Prof Educ</td>
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</tr>
<tr>
<td>HS Curricular Req</td>
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<td>General Educ</td>
<td></td>
</tr>
<tr>
<td></td>
<td>not met</td>
<td>Comp Prof</td>
<td>met</td>
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<tr>
<td></td>
<td></td>
<td>Serv Lrng</td>
<td>met</td>
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**REQUIREMENTS**

### I. General Education (45 HOURS)

- **2 hours (KIN 2122) counted in the Major**

- Other hours needed: 43

### II. Major in KIN - Recreation (46 HOURS)

#### A. Required General Education

- KIN 2122 Choices in Wellness 2

#### B. Required in KIN Core

- HRPSY 3253 Psychology of Aging
- KIN 1962 Intro to Kinesiology
- KIN 2252 Skls & Tech Ind Spts
- KIN 2262 Skls & Tech Tm Spts
- KIN 2272 First Aid
- KIN 2332 Skls & Tech Mvmt Expl/Ftns
- KIN 2413 Applied Anatomy
- KIN 2532 Aquatic Skills and Programming
- KIN 2713 Care and Prevention Ath Inj
- KIN 3612 Motor Learning
- KIN 4153 Organization and Administration

#### C. Required in Recreation Concentration

- KIN 2212 Outdoor Edu 15
- KIN 2243 Recreation Leadership
- KIN 3112 Officiating Sports
- KIN 3623 Community Recreation
- KIN 4212 Intramrl Sprts Adm
- KIN 4283 Practicum

#### D. Required Recreation Concentration Electives

- 3 hours from the following:
  - KIN 3233 Adapted P E
  - KIN 3461 Lifeguard Training
  - KIN 3552 Meth of Elem P E
  - KIN 4132 Instr Course in Water Safety
  - KIN 4593 Psychology of Sports

### III. Minor (Required) (16-21 HOURS)

### IV. Electives (14-19 HOURS)

### V. Total Hours Required (124 HOURS)

### VI. Special Requirements

Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.

The OSRHE computer proficiency graduation requirement will be met through completion of one of the courses in the institution’s general education computer literacy options (including equated or substituted courses), or testing out of the challenge exam for this course, OR successful completion of an associate of arts or associate of science degree at an Oklahoma two-year college in which the computer skills requirement was met. Satisfaction of this requirement may not reduce or remove any program requirements.

Students beginning at East Central University in the fall 2007 semester or later who have earned less than sixty-four semester hours are required to take two classes with designated service-learning component. Students transferring to ECU for the first time in the fall 2007 semester or later with sixty-four or more semester hours will be required to take one class with a service-learning component.

**MINOR**

|        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |