

EAST CENTRAL UNIVERSITY

KINESIOLOGY (EXERCISE SCIENCE) - B.S.

0202/UG11-UG13

Advisor _____

Student's Name _____ ID No. _____

DEGREE CHECK INCLUDES CURRENT ENROLLMENT

Checked by _____ Date _____

Required:
 124 total hours _____ completed
 30 hrs @ ECU _____ completed
 (15 of last 30 must be at ECU) _____
 60 hrs @ Sr College _____ completed
 40 hrs upper level _____ completed
 HS Curricular Req ___ met ___ not met

Work in progress _____

2.0 minimum required in the following areas:
 ECU Avg _____ Rtn Avg _____
 Major Overall Avg _____
 Major ECU Avg _____
 Minor Overall Avg _____
 Minor ECU Avg _____

Work lacking:
 Major _____ (inc A/C and Related Work)
 Minor _____ (incl Rel Wk)
 Prof Educ _____
 General Educ _____
 Comp Prof ___ met ___ not met
 Serv Lrng ___ met ___ not met

REQUIREMENTS

HOURS

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HOURS

I. General Education (45 HOURS)

2 hours (KIN 2122) counted in the Major

Other hours needed **43**

II. Major in KIN - Exercise Science 50-51

A. Required General Education 2

___ KIN 2122 Choices in Wellness

B. Required in KIN Core 26

- ___ HRPSY 3253 Psychology of Aging
- ___ KIN 1962 Intro to Kinesiology
- ___ KIN 2252 Skls & Tech Ind Spts
- ___ KIN 2262 Skls & Tech Tm Spts
- ___ KIN 2272 First Aid
- ___ KIN 2332 Skls & Tech Mvmt Expl/Ftns
- ___ KIN 2413 Applied Anatomy
- ___ KIN 2532 Aquatic Skills and Programming
- ___ KIN 2713 Care and Prevention Ath Inj
- ___ KIN 3612 Motor Learning
- ___ KIN 4153 Organization and Administration

C. Required in Exercise Science Concentration 19

- ___ KIN 2222 Sports Nutrition
- ___ KIN 3352 Research and Evaluation of Kinesiology
- ___ KIN 3723 Biomechanics
- ___ KIN 3733 Physio of Exercise
- ___ KIN 4223 Strength & Conditioning
- ___ KIN 4283 Practicum
- ___ KIN 4623 Exer Test & Prescription

D. Required Exercise Science Electives 3-4

3-4 hours from the following:

- ___ BIOL 3634 Human Physiology
- ___ FCS 1513 Nutrition
- ___ KIN 3233 Adapted PE
- ___ KIN 4593 Psy of Sports

III. Minor (Required) 16-21

IV. Electives 9-15

V. Total Hours Required 124

VI. Special Requirements

Four hours credit in basic or recruit military training is granted for one year or more of continuous active full-time military service. This credit includes two hours of elective credit, and two hours which may be applied as KIN 2122 Choices in Wellness.

The OSRHE computer proficiency graduation requirement will be met through completion of one of the courses in the institution's general education computer literacy options (including equated or substituted courses), or testing out of the challenge exam for this course, OR successful completion of an associate of arts or associate of science degree at an Oklahoma two-year college in which the computer skills requirement was met. Satisfaction of this requirement may not reduce or remove any program requirements.

Students beginning at East Central University in the fall 2007 semester or later who have earned less than sixty-four semester hours are required to take two classes with designated service-learning component. Students transferring to ECU for the first time in the fall 2007 semester or later with sixty-four or more semester hours will be required to take one class with a service-learning component.

MINOR _____

