



Student ID # \_\_\_\_\_

**SPORT PSYCHOLOGY 0862**  
**60 HOURS**  
**PROGRAM OF STUDY CHECKSHEET**  
**2022-2023**

Semester & Grade

**I. PSYCHOLOGICAL & COUNSELING FOUNDATIONS (27 hours)**

_____	EDPSY	5163	Cog Beh Theories & Methods of Coun & Psychotherapy
_____	EDPSY	5353	Standardized Group Tests
_____	EDPSY	5433	Affective Theories of Counseling & Psychotherapy
_____	H/P/E	5443	Advanced Group Counseling
_____	PSYCH	5063	Advanced Physiological Psych
_____	PSYCH	5143	Stats and Design in Applied Psychology
_____	PSYCH	5173	Prof Orientation and Ethics in Clinical Psych
_____	PSYCH	5363	Adolescent Psychopathology and Treatment
_____	PSYCH	5443	Multicultural Consultation & Intervention

**II. SPORTS PSYCHOLOGY SPECIALIZATION (30 hours)**

_____	PSYCH	5023	Advanced Social Psychology
_____	PSYCH	5043	Advanced Sport Psychology
_____	PSYCH	5083	Sports Performance Enhancement Strategies
_____	PSYCH	5153	Research in Applied Psychology
_____	PSYCH	5183	Advanced Abnormal Psychology
_____	PSYCH	5193	Health Psychology
_____	PSYCH	5203	Applied Biomechanics
_____	PSYCH	5213	Life Coaching & Career Counseling
_____	PSYCH	5373	Psychological Assessment
_____	PSYKN	5523	Sports in American Society

**III. FIELD EXPERIENCES (3 hours)**

_____	PSYCH	5563	Internship in Sport Psychology (MUST be completed student's last semester.)
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Student Signature

Date

Advisor's Signature

Date



## SPORT PSYCHOLOGY 0862 \*PROPOSED PLAN OF STUDY OPTION\*

### Three-Year Traditional Plan Route – Fall Start

<b>Year 1 Fall:</b>	EDPSY 5163, PSYCH 5063, and EDPSY 5353
Spring:	PSYCH 5173, PSYCH 5183, and PSYCH 5043
Summer:	PSYCH 5023, and PSYCH 5193
<b>Year 2 Fall:</b>	EDPSY 5433, PSYCH 5143, and PSYCH 5083
Spring:	PSYCH 5153, PSYCH 5363, and PSYCH 5373
Summer:	PSYCH 5443 and PSYCH 5203
<b>Year 3 Fall:</b>	H/P/E 5443, and PSYKN 5523
Spring:	PSYCH 5213, and PSYCH 5563

**NOTE: Internship must be taken the last semester before graduation.**

### \*PROPOSED ROTATION COURSE ROTATION\*

\* Indicates courses with NO Prerequisite

#### Course Prefix, Number and Name

EDPSY 5163	Cog Beh Theories & Methods of Couns & Psychotherapy*
EDPSY 5353	Standardized Group Tests*
EDPSY 5433	Affective Theories & Tech of Couns & Psychotherapy (Prereq: EDPSY 5163)
H/P/E 5443	Advanced Group Counseling (Prereq: EDPSY 5433)
PSYCH 5023	Advanced Social Psychology*
PSYCH 5043	Advanced Sport Psychology (Prereq: Departmental approval)
PSYCH 5063	Adv Physiological Psych*
PSYCH 5083	Sports Performance Enhancement Strategies (Prereq: EDPSY 5163)
PSYCH 5143	Stats and Design in Applied Psychology (Prereq: EDPSY 5353)
PSYCH 5153	Research in Applied Psychology (Prereq: PSYCH 5143)
PSYCH 5173	Prof Orientation and Ethics in Clinical Psych*
PSYCH 5183	Advanced Abnormal Psychology (Prereqs: PSYCH 5113 or EDPSY 5163)
PSYCH 5193	Health Psychology*
PSYCH 5203	Applied Biomechanics (Prereqs: PSYCH 5063 and EDPSY 5163)
PSYCH 5213	Life Coaching & Career Counseling (Prereqs: PSYCH 5113 and EDPSY 5163)
PSYCH 5363	Adolescent Psychopathology & Treatment (Prereqs: PSYCH 5183 and EDPSY 5163)
PSYCH 5373	Psychological Assessment (Prereq: EDPSY 5353)
PSYCH 5443	Multicultural Consultation & Intervention (Prereqs for this block: PSYCH 5183 and EDPSY 5163)
PSYCH 5563	Internship in Sport Psychology (Prereq: Departmental approval)
PSYKN 5523	Sports in American Society

#### Semesters Offered

Fall, Spring, & Summer - <b>W</b>
Fall, Spring, & Summer - <b>W</b>
Fall & Spring - <b>X</b>
Fall & Spring - <b>X</b>
Summer - <b>TBD</b>
Spring - <b>W</b>
Fall & Spring - <b>W</b>
Fall & Spring - <b>TBD</b>
Fall - <b>BL</b>
Spring - <b>BL</b>
Spring & Summer - <b>BL</b>
Spring - <b>BL</b> & Summer - <b>W</b>
Spring(Odd)&Summer(Even) - <b>W</b>
Summer - <b>TBD</b>
Spring(Even) - <b>X</b>
Fall & Spring - <b>X</b>
Fall - <b>TBD</b> & Spring - <b>X</b>
Fall & Summer - <b>BL</b>
Spring - <b>X</b>
Fall A & Spring A - <b>W</b>

**NOTE: Course are NOT necessarily in sequential order.**

**\*Some courses may be offered more often than advertised, while others may not be offered when advertised due to instructor availability.**

#### **Class Legend:**

- A - 1<sup>st</sup> 8 Week Course
- B - 2<sup>nd</sup> 8 Week Course
- W - Web Course
- BL - Blended Course of Web and Live
- X - Live Course (Face to Face)
- IDS - Independent Study
- TBD - To Be Determined
- SWB - Synchronous Web Based Course