

East Central University

Tiger Prep Fall 2021

Friday 13 August 2021

8:30AM – 12:00PM: Residence Hall Move-In (**At assigned time**)

Residence Halls

*New students will check in to their residence halls **at their assigned time**- Check your ECU email for an email message with instructions from the ECU Housing Office. Take opportunity to meet your roommate and unpack.*

10:00AM – 2:00PM: Tiger Prep Check-in

[Centennial Plaza](#)

***All new students must check in to Tiger Prep.** Receive a welcome packet and name tag, and explore what ECU Student Support offices have to offer.*

11:30AM - 1:30PM: Lunch

Have lunch at Chartwells, Food Trucks on Centennial Plaza, or try a local restaurant (use your ECU ID to get a discount at locations listed in the discount guide)

2:00PM - 3:00PM: Welcome Event

[Ataloa Recital Hall](#)

*President Pierson welcomes students and families to ECU. **Required for new students.***

3:00PM - 4:30PM:

Student/Faculty Division Event

*For new Students only. Students will be led to department locations from the Welcome Event. **Required for new students.***

Being the Parent of a College Student

Parents remain in [Ataloa Recital Hall](#). Dr Brandon Hill will share tips on how to partner with ECU and your student for their success.

4:45PM - 5:30PM: Parent/Student Convocation

[Kerr Center](#)

*Begin with the End in Mind – Every stage of life has a beginning and an end. The end is graduation – this is the beginning ceremony of your journey at East Central University. **Required for all new students.** This is the last formal event that includes parents.*

5:45PM – 7:30PM: Dinner

[Taff Dining Hall](#) /Local Restaurants

Enjoy a family meal together in Chartwells or at a local restaurant. Dinner Tickets for Taff Dining Hall for family members must be purchased at Tiger Prep Check-in (\$6). Students with meal plans will not need a ticket. Please pay attention to your meal time in order to avoid a rush (5:45pm/6:15pm/6:45pm). This will be the time to say family goodbyes.

8:00PM – Midnight: Community Life Session & Res. Hall Meetings

[Ataloa Recital Hall](#)

Required for new students. *Learn what opportunities and responsibilities you have while being part of the ECU Community. After this event we will dismiss to required residence hall meetings and activities which will continue into the late evening. **Commuters** – After the Community Life Session there will be a commuter reception.*

Saturday 14 August 2021

8:00AM - 9:00AM: Breakfast

[Taff Dining Hall](#)

9:00AM – 10:00AM: Tiger Prep Colloquium (Topic: Understand)

[Ataloa Recital Hall](#)

*Join your fellow classmates and First Year Seminar Instructors to discover how to have a successful start to your academic career at ECU. **Required for all new students.***

10:00AM -11:30AM: UNV1001 Class (Topic: Connect)

See Appendix A

*You will meet with your First Year Seminar Class to get opportunity to know your instructor and classmates better. **Required for all new students.***

Note: Transfer students not in First Year Seminar have the option to attend a Transfer Seminar during this time.

Estep Auditorium – University Center

11:30AM -1:00PM: Lunch

[Taff Dining Hall](#)

1:00PM - 2:00PM: UNV1001 Class (Topic: Prepare)

See Appendix A

*Rejoin your First Year Seminar Class to learn about important technology and programs that you will need to know on your first day of class. **Required for all new students.***

Note: Transfer students not in First Year Seminar have the option to attend a Transfer Seminar during this time.

Estep Auditorium – University Center

2:00PM - 3:00PM: Workshop 1 Options (Optional)

See Appendix B for Workshop options and locations.

3:00PM - 4:00PM: Workshop 2 Options (Optional)

See Appendix B for Workshop options and locations

5:00PM - 6:30PM: Dinner

[Taff Dining Hall](#)

6:00PM: Football Scrimmage

[Football Stadium](#)

Join your new friends at the football stadium to learn about our traditions and watch the football team have an intra-squad scrimmage.

9:00pm: Glow Paint Party

[North Lawn](#) (Just North of the Football Stadium)

Put on some old white clothes and come to the Glow Paint Party where you will enjoy music, blacklights, and gallons of glow paint.

Sunday 15 August 2021

11:30AM - 1:00PM: Lunch

[Taff Dining Hall](#)

1:00PM - 2:00PM: Workshop 3 Options (Optional)

See Appendix B for Workshop options and locations

2:00PM - 3:00PM: Workshop 4 Options (Optional)

See Appendix B for Workshop options and locations.

3:00PM - 5:00PM: Social Activities

Stick Ball: 3-4:30pm – [University Center Lawn](#)

Bingo: 3:30-4:30pm – [University Center](#)

3 vs 3 Basketball Tourney: 3-5pm – [McBride Gym](#)

Rock Wall: 3-5pm – [Danley Lawn](#)

Obstacle Course: 3-5pm – [Danley Lawn](#)

4:00PM – 6:00PM: Library Open House

[Library](#)

Stop by the library to explore the study areas and services that the library has to offer.

6:00PM - 8:00PM: Back to School Block Party

[Centennial Plaza](#)

*Join the community for one of ECU's favorite traditions – The Block Party – Student Clubs and Organizations will have booths for entertainment. Find and join some organizations that match your interests. **Dinner will be served at this event.***

8:00PM – On: Residence Hall Community Time

Residence Halls

Return to your residence halls for community building time and to get ready for school tomorrow. Don't stay up too late!

Monday 16 August 2021

8:00AM: Classes start

Make sure that you know where all of your classes meet before Monday so that you show up at the right place at the right time.

10:00AM – 1:00PM: Howdy Fair

[University Center Lawn](#)

Another ECU favorite tradition - Join the Ada Community as they welcome you to town. Discover the ways you can get involved locally as well as sample food from local restaurants and get free stuff!

Appendix A

UNV1001 Meeting Spaces during Tiger Prep 2021

Course	Instructor	Room #
UNIV-1001-01	M. Price	CBCC 215
UNIV-1001-03	S. Case	CBCC - First Floor - Foundation Hall East
UNIV-1001-05	Y. Dotson	CBCC 225
UNIV-1001-07	S. Case	CBCC - First Floor - Foundation Hall East
UNIV-1001-09	W. Gifford	CBCC 223
UNIV-1001-11	A. Heck	CBCC – First Floor - Foundation Hall Center
UNIV-1001-13	W. Crowell	CBCC - First Floor - Foundation Hall West
UNIV-1001-15	J. Hagan-Zertuche	Administration Building 211
UNIV-1001-17	J. Vaughn	CBCC 207
UNIV-1001-19	S. Youngblood	CBCC 217
UNIV-1001-21	H. Robben	Administration Building 201
UNIV-1001-23	K. Branscum	CBCC208
UNIV-1001-25	D. Claxton	Administration Building 207
UNIV-1001-27	E. Floyd	Administration Building 202
UNIV-1001-29	W. Crowell	CBCC - First Floor - Foundation Hall West
UNIV-1001-31	M. Benge	CBCC 209
UNIV-1001-33	K. Pierson	Tiger Room, Danley Hall 240
UNIV-1001-35	S. Gardner	CBCC 216

Appendix B

Tiger Prep 2021 Workshops

Saturday 14 August 2021: 2:00-2:50PM

Tiger Tracks: Getting on Track for Success ***Featured Workshop [CBCC 221](#)

Learn what you need to know to be prepared to succeed in your classes and on the ECU campus! This workshop includes advice for your first day of class, study tips and helpful information about campus resources. (Offered all 4 workshop times)

Career Paths for New Students [CBCC 216](#)

What do you need to do during your first year to prepare for your first job after graduation? The Career Development Office shares important steps to take now for future success using team gaming competition. (Offered twice)

SHOW ME THE MONEY; Scholarships, Assistance, & More! [CBCC 225](#)

Come to a short presentation about yearly scholarship opportunities, including must-do and deadline information and how to find the Foundation Application on the web. Also learn about emergency assistance programs in case "life happens"! (Offered twice)

Self-Care for the College Student [CBCC 224](#)

In this 50-minute workshop students will learn to define self-care, assess their own level of self-care, and develop a plan that focuses on implementing tools to keep students physically, emotionally, and spiritually happy and healthy. Students will hear from licensed social workers on the importance of self-care not only as a college student but as a lifelong practice that aims to improve overall well-being. (Offered twice)

Resources for LGBTQIAP+ and Allies at ECU [CBCC 223](#)

ECU PRIDE welcomes you to ECU! If you want resources for the LGBTQIAP+ and allies please attend our fun and interactive session. You will learn about the the student group PRIDE and connect with students and staff on campus that will be there for you. (Offered twice)

How to Obtain and Make the Most of Your Accommodations [CBCC 215](#)

If you have a physical or mental condition that affects your education, you may be eligible to receive accommodations. This presentation will tell you what to know to navigate this process. We will give a brief introduction to Testing and Accessibility Services and Interpreter Services, as well as discuss documentation guidelines and frequently requested accommodations. (Offered twice)

Making Smart Financial Decisions [CBCC 217](#)

Come join us for a discussion of the types of financial decisions you will be faced with during your college career and the possible solutions. Tuition and fees, housing and meals, books and other miscellaneous expenses: What is your plan to pay these expenses and what are your options? We can help you navigate the options available to you. (Offered twice)

Boots on Campus[CBCC 207](#)

This workshop will link military-connected students to community and campus resources and knowledge that will prepare you to successfully complete the mission of earning a degree from East Central University, as well as help you understand the structure and terminology used in higher education. (Offered twice)

ECU Tiger Printmaking[Fine Arts Center 116](#)

Join Professor Christyn Overstake in printing ECU images for you to take with you! Students are encouraged, but not required, to bring a plain T-shirt to print on. (Offered twice)

Not Just a Bookstore[Meet outside the Bookstore](#)

Books can be expensive. Come and learn about price saving options - rentals, eBooks, Cengage Unlimited, OER's, & price matching. We are more than just a bookstore - We sell spirit gear, computers, electronics, snacks, graduation gear, school supplies, and more! Need something specific we don't have in store? We can order it for you. (Offered all 4 workshop times. 20-minute session)

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Secrets of College Success for First-Generation Freshmen

Foundation Hall West ([CBCC 1st Floor](#))

Are you the first person in your family to attend college? If so, join us as we play our way through learning about available supports for first-generation students. Get the 4-1-1 on the college experience and set yourself up for a successful semester. Meet faculty and staff who offer services beyond the classroom. Get involved with opportunities to help other students just like you, and have some fun at the same time. Door prizes available. (Offered twice)

Explore the World with ECU!

[CBCC 224](#)

Dr. Lang will present on the National Student Exchange program that places ECU students at partner colleges and universities in the US, Canada and the Caribbean for a semester, a year, or a summer. Dr. Sukholutskaya will describe available destinations for the Study Abroad program and will familiarize the participants with the process of applying. ECU student-presenters who took part in some of the ECU Study Abroad opportunities will share the highlights and insights of their Global Education experience. **(Offered only once)**

Tiger Wellness[CBCC 217](#)

The Student Health, Student Counseling and the Wellness Center team up to discuss all the ways that you can maintain your physical and mental health while being a successful college student. **(Offered only once)**

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Life Hacks: Work Smarter Not Harder[CBCC 215](#)

Valuable tips and on-campus tools to help students effectively prepare, plan, and organize college life and assignments to avoid wasting time and work and to decrease stress and anxiety. Students can learn self-regulation skills to prepare them as new college learners while developing good habits to see their degrees completed and increasing the likelihood of enjoying the college experience. (Offered twice)

Find your Ambush[CBCC 225](#)

Welcome new ECU Tigers. Tigers are usually found alone in the wild, but did you know that a group of tigers are called an ambush (or a streak). Your first few days of college could seem like an ambush. ECU Faculty and Staff have been there. It seems as if everything is new. This science-based workshop will help you to not feel so ambushed. Why do young tigers hang with their mother? It is because the experienced leader of the ambush looks after them. Listening to experienced leaders can help you to find your ambush, which will help you succeed. (Offered twice)

Report Cards for Your Financial Life[CBCC 223](#)

Did you know that your credit score is already being calculated? This score affects your ability to obtain credit cards, car loans and mortgages in the future. Find out how credit scores work and what you can do now to develop a great credit score for now and the future. (Offered twice)

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