Online QPR Suicide Prevention Gatekeeper Training

Course Instructions:
1. Please note, this course will take approximately one hour.
2. Ensure your speakers or headphones are working and turn off your popup blocker.
3. Sign-in
    a. Navigate to http://www.qprtraining.com/setup.php. Your page should look like the following picture.

    b. Enter the organizational code: ECOK
    c. Next, the following page should appear.

    d. On this page, enter your name **as you wish it to appear on your printable certificate** and email address. The email is used only to send reminders that your training account is still open and available.
    e. Once you have entered your information click on the **"Create Training Account"** button.
    f. A page similar to the following picture will appear.

       g. You will be shown a link to login into the training, your User ID, and Password.
- i. Your User ID and Password will be emailed to you as well. We recommend you save this for future use.
- ii. If you forget your User ID or Password at any time, please start from the beginning of the **Course Instructions**. The course will process your information and give you the same User ID and Password you had.

       h. Click on the link to log in to the QPR Gatekeeper website.

       i. Proceed through the training as directed by the online navigation tools.
- i. You may stop and start the training program as needed. If you leave the program and return later, the program will return you to the beginning of the section you left.
- ii. Once you have completed a section you may return to it at any time using the top menu-bar.
- iii. The course will include a pre-course survey, post-course survey, action items, course evaluation and a **15-item quiz**. The quiz can be taken more than once and you will be able to re-visit the content of the training if you need a refresher.

4. Course Completion
   - a. Once you have completed the course in its entirety you will see a similar page to the one pictured below.
   - b. Please print your "Certificate of Course Completion" or save it for your records. You may also need to provide it to an identified faculty or staff member if you were assigned to this training.
   - c. Upon completion of the Gatekeeper training, a copy of the QPR booklet and a wallet-sized, 3-part folding reminder card will be available for printing.
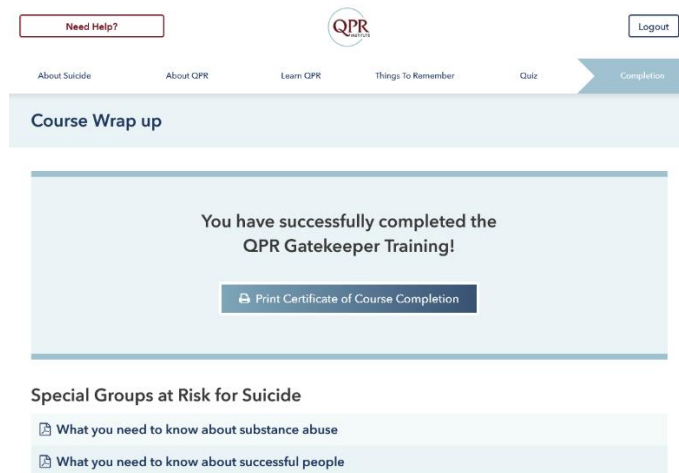
We encourage you to retake the core QPR lecture at least yearly and remind you that you have on-demand access to QPR online whenever you may need it.

For more information or questions about this training or about the ECU Campus Suicide Prevention Grant Program (GLS Grant), please contact Grant staff via contact information below.

Holli Witherington – ECU Campus Suicide Prevention Grant Director	Whitney Megehee – ECU Campus Suicide Prevention Grant Coordinator
580-559-5815 holrwit@ecok.edu	580-559-5819 whidmeg@ecok.edu

Thank you for your interest in helping to prevent suicide.